

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Scripture & Song 10:30 Nature Video 11:15 Balloon Volley 11:45 Morning Trivia 1:30 Table Games 3:00 Afternoon Social 4:15 Cool Down Stretch	2 9:30 Fitness Class 10:15 Seasonal Trivia 10:45 Music w/ Lori & Meg 1:30 Patio Pals 3:00 Holiday Concert w/ Adrienne & Sheldon	3 9:45 Catholic Service 10:15 Fitness Class 10:45 Music w/ David 1:30 Parlor Games 3:00 Cookie Decorating 4:15 Move to the Beat w/ "ALEXA"	4 9:30 Stretch to the Beat 10:15 Daily Chronicle 10:45 Bake O' Batch 2:00 Baja Paws (Pet Therapy) 3:00 Table Games 4:00 Afternoon Sing A Long	5 Special Event 9:30 Exercise w/ Weights 10:15 Coastal Excursion 10:30 Travel Video 1:30 Parlor Games 3:30 Concert w/ Claude & Carol Chan/Family	6 Afternoon Concert 9:30 Fitness Class 10:30 "Pacific Coast" School Visit 1:30 Table Games 2:45 Walkabout 3:00 Concert w/ Cowboy Jack	7 10:00 Travel Video 10:20 Love on a Leash 11:30 Daily Trivia 1:30 Patio Pals 2:30 Table Games 3:30 Afternoon Social 4:00 Cool Down Stretch
8 9:30 Scripture & Song 10:30 Nature Video 11:15 Balloon Volley 11:45 Morning Trivia 1:30 Creative Circle 2:30 Table Games 4:15 Read & Reminisce	9 9:30 Dancercise! 10:15 Dates to Celebrate 10:45 Music w/ Lori & Meg 1:30 Patio Pals 3:00 Musical Moments w/ Lorena	10 9:45 Catholic Service 10:15 Fitness Class 10:45 Trivia 2:00 LCG/ GB Annual Employee Appreciation Fund 6:00 Holiday Light Outing	11 Birthday Celebration 9:30 Stretch to the Beat 10:15 Daily Chronicle 10:45 Color Me Calm 2:00 Birthday Bash 2:45 Walkabout 3:00 Birthday Concert w/ Music Station	12 9:30 Exercise w/ Weights 10:15 Coastal Excursion 10:30 Travel Video 2:30 Helen Woodard 3:00 Afternoon Social 3:30 Piano w/ Dave B. 6:00 Holiday Lights Outing	13 Afternoon Concert 9:30 Fitness Class 10:15 Active Games 11:00 Crossword Puzzle 1:30 Table Games 2:45 Walkabout 3:00 Concert w/ Clay Gary	14 10:30 Travel Video 11:00 Move to the Beat 11:30 Daily Trivia 1:30 Patio Pals 2:30 Table Games 3:30 Ice Cream Social 4:00 Read & Reminisce
15 9:30 Scripture & Song 11:30 Holiday Youth Carolers 11:45 Trivia 1:30 Patio Pals 2:45 Walkabout 3:00 Concert w/ Danny 4:00 Poinsettia Social	16 Our History Matters 9:30 Dancercise! 10:15 Daily Chronicle 10:45 Music w/ Lori & Meg 1:30 Patio Pals 3:15 Walkabout 3:30 History w/ Gary	17 9:30 Fitness Class 10:15 Art Class 10:45 Music w/ David 1:30 Parlor Games 3:00 Snowglobe Craft 4:15 Move to the Beat w/ "ALEXA"	18 9:30 Stretch to the Beat 10:15 Daily Chronicle 10:30 Creative Corner 1:30 Singing Seniors 3:00 Holiday Tea 4:15 Table Games 4:45 Read & Reminisce	19 9:30 Exercise w/ Weights 10:15 Coastal Excursion 10:30 Morning Trivia 1:30 Parlor Games 2:00 Catholic Mass w/ Father Anthony 4:30 Holiday Family Dinner	20 Afternoon Concert 9:30 Fitness Class 10:15 Active Games 11:00 Crossword Puzzle 1:30 Table Games 2:45 Walkabout 3:00 "Silver Seniors" (Holiday Caroling)	21 10:00 Travel Video 10:20 Love on a Leash 11:30 Daily Trivia 1:30 Patio Pals 3:30 Winter Social (Hot Cocoa Bar) 4:00 Read & Reminisce <small>Winter Begins</small>
22 9:30 Scripture & Song 10:30 Nature Video 11:15 Balloon Volley 11:45 Morning Trivia 1:30 Patio Pals 2:30 Table Games 4:15 Cool Down Stretch	23 9:30 Dancercise! 10:15 Dates to Celebrate 10:45 Music w/ Lori & Meg 1:30 Patio Pals 3:00 Musical Moments w/ Lorena	24 9:45 Catholic Service 10:15 Fitness Class 10:45 Trivia 1:30 Parlor Games 3:00 Festive Sweater Celebration 4:15 Move to the Beat w/ "ALEXA"	25 9:30 Stretch to the Beat 10:15 Daily Chronicle 10:30 Holiday Singing 1:30 Santa BINGO 2:45 Walkabout 3:00 Piano Concert w/ Glenn Kramer 4:30 Menorah Lighting <small>Hanukkah Begins</small>	26 Special Event 9:15 Fitness Class 10:30 Walkabout 10:45 Travel w/ Hernan 1:30 Parlor Games 3:30 Laktes & Songs 4:30 Menorah Lighting <small>Boxing Day (Canada) Kwanzaa Begins</small>	27 Afternoon Concert 9:30 Fitness Class 10:15 Creative Crafts 11:15 Spelling Bee 2:45 Walkabout 3:00 Concert w/ Gary 4:30 Menorah Lighting	28 10:30 Travel Video 11:00 Move to the Beat 11:30 Daily Trivia 1:30 Patio Pals 2:30 Table Games 3:30 Holiday Treats 4:00 Read & Reminisce 4:30 Menorah Lighting
29 9:30 Scripture & Song 10:30 Nature Video 11:15 Balloon Volley 11:45 Morning Trivia 1:30 Patio Pals 2:30 Table Games 4:15 Cool Down Stretch 4:45 Menorah Lighting	30 9:30 Dancercise! 10:15 Dates to Celebrate 10:45 Music w/ Lori & Meg 1:30 Patio Pals 3:00 Musical Moments w/ Lorena 4:30 Menorah Lighting	31 9:45 Catholic Service 10:15 Fitness Class 10:45 Trivia 2:45 Walkabout 3:00 NYE Concert w/ Minnie G. 7:30 Countdown to 2025!! (AL) <small>New Year's Eve</small>	 <h1 style="font-size: 4em; color: green; margin: 0;">DECEMBER 2024</h1> <h2 style="font-size: 1.5em; color: green; margin: 0;">GlenBrook Gardens</h2>			