

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2025

GlenBrook Assisted Living

			Happy New Year 1 8:00 Tournament of Roses Parade -2025 10:15 Post Holiday Workout 2:00 Rose Bowl Game: Ohio State Buckeyes Versus Oregon Ducks <small>New Year's Day</small>	2 10:00 Morning Stretch 10:45 Fresh Air Club 1:30 Raffle Bingo 3:00 Drama Club 4:00 Afternoon Social	3 10:00 Stretch w/ Bands 10:35 Group Crossword 1:30 Table Games 3:00 Concert: "Cowboy Jack" 4:00 T.G.I.F Hour	4 10:00 Chair Yoga 10:45 History Video 1:30 UNO- Card Games 3:00 Movie Matinee "Resident's Choice"
9:15 Piano Hymns 5 9:30 Scripture & Song 10:30 Fitness Class 1:30 Table Games 3:30 Movie Matinee & Popcorn "March of the Penguins"	6 10:00 Balance Class 10:45 Morning Manicures 1:30 Raquel's Winter Craft Workshop 6:00 Box Office Hit (Residents Choice)	7 9:45 Catholic Service 10:00 Fitness Class 10:30 Village Church 1:30 Outing: "Free Flight" 4:00 Happy Hour	8 Birthday Celebration 10:00 Stretch & Flex 10:45 Elvis Trivia 1:30 Baja Paws Rescue 2:00 Poetry Club 3:00 Concert w/ Music Station & Birthday Celebration!	9 10:00 Morning Stretch 10:45 Fresh Air Club 2:00 Helen Woodard 3:30 Thirsty Thursday 4:00 Big Screen Karaoke	10 Afternoon Concert 10:00 Stretch w/ Bands 10:45 Fresh Air Club 1:30 Table Games 3:00 Concert w/ Clay & Gary 4:00 Happy Hour	11 10:00 Chair Chi w/ Jason 10:45 History Video 1:30 LCR- Dice Game 3:00 Movie Matinee
9:15 Piano Hymns 12 9:30 Scripture & Song 10:30 Fitness Class 1:30 Table Games 3:30 Movie Matinee & Popcorn "Sleepless in Seattle"	13 10:00 Balance Class 10:45 Morning Manicures 1:30 Table Games 6:00 Box Office Hit (Residents Choice)	14 9:45 Catholic Service 10:00 Fitness Class 10:35 Garden Club 1:00 Shopping Trip: Walmart/Target 4:00 Afternoon Social 6:15 Evening Soirée	15 Special Event 10:00 Fitness Class 10:35 Word Scramble 3:00 Annual Snowball Tea 4:00 Musical Moments	16 Afternoon Concert 10:00 Morning Stretch 10:45 Who Am I 1:30 Prize Bingo 3:00 Concert w/ La Don & Barbara 4:00 Thirsty Thursday	17 Afternoon Concert 10:00 Stretch w/ Bands 10:35 Mind Fit w/ Dana from the Key 11:30 Lunch Outing 3:00 Concert w/ Adreinne Nimms 3:45 T.G.I.F Hour	18 Afternoon Concert 10:00 Chair Yoga 10:45 Love on a Leash 1:30 History Video 3:00 Concert w/ Double Take – New!
Afternoon Concert 19 9:30 Scripture & Song 10:30 Fitness Class 11:00 History Video 3:00 Concert w/ Danny Gali 4:00 Sangria Sundays <small>Activity Professionals Week</small>	20 Our History Matters 10:00 Balance Class 10:35 Morning Manicures 1:30 Parlor Games 3:30 History w/ Gary 6:00 Box Office Hit (Resident's Choice) <small>Martin Luther King Jr. Day</small>	21 10:00 Fitness Class 10:35 Group Crossword 1:30 Crafts Corner w/ Raquel 4:00 Dinner Outing: 264 Fresco (Italian Cuisine)	22 10:00 Fitness Class 10:35 Jeopardy Challenge 1:30 Creative Crafts 3:30 New Resident Social 4:00 Big Screen Karaoke	23 10:00 Stretch w/ Bands 10:45 Travel and History w/ Hernan 1:30 Parlor Games 3:30 Snowball Toss Challenge! 4:00 Happy Hour	24 Afternoon Concert 10:00 Fitness Class 10:45 Family Feud – New! 1:30 Parlor Games 2:45 Concert w/ Peter Seltser 3:45 Happy Hour	25 10:00 Chair Chi w/ Jason 10:45 History Video 1:30 LCR- Dice Game 3:00 Movie Matinee
26 9:30 Scripture & Song 10:30 Fitness Class 1:30 Table Games 3:30 Movie Matinee & Popcorn "Resident's Choice" <small>Australia Day (Observed)</small>	27 Town Hall 10:00 Balance Class 10:35 Flower Arranging w/ Laurene Crosby 2:00 Town Hall 3:30 "Minute to Win It" (Games and Prizes) 6:00 Box Office Hit	28 9:45 Catholic Service 10:00 Fitness Class 1:30 Coastal Excursion 3:00 Tea Tasting & Scones 6:15 Piano Bar w/ Christian	29 Special Event 10:00 Fitness Class 10:35 Jeopardy Challenge 1:30 Creative Crafts 3:30 Chinese New Year Celebration! 6:00 Movie: Inn of 6 TH Happiness <small>Chinese New Year (Year of the Snake)</small>	30 10:00 Morning Stretch 10:45 Fresh Air Club 1:30 Raffle Bingo 3:00 Afternoon Spa (Facials, Aromatherapy) 4:00 Afternoon Social	31 Afternoon Concert 10:00 Stretch w/ Bands 10:45 Would you Rather (Discussion Group) 1:30 Table Games 3:00 Concert w/ Gary & Paul 4:00 Happy Hour	