

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

GlenBrook Assisted Living Activities Calendar



							<p>10:00 Chair Yoga 10:45 Love on a Leash 1:30 UNO- Card Games 3:00 Movie Matinee "Never Been Kissed" Starring: Drew</p>
<p>2 9:15 Piano Hymns 9:30 Scripture & Song 10:30 Fitness Class 1:30 Movie Matinee "Groundhog Day" 4:00 Happy Hour <small>Groundhog Day</small></p>	<p>3 10:00 Balance Class 10:45 Morning Manicures 1:30 Party Prep & Décor! 3:30 Friendship Tea & Music</p>	<p>4 9:45 Catholic Service 10:00 Fitness Class 10:30 Village Church 1:00 Outing: "Shoppes at Carlsbad" 4:00 Cornhole & Happy Hour</p>	<p>5 10:00 Fitness Class 10:45 Text Twist 1:30 Table Games 3:00 Garden Club (Succulents) 6:15 Table Games (SNF)</p>	<p>6 10:00 Morning Stretch 10:45 Fresh Air Club 1:30 Watercolor Creating 3:30 Fireside Chats 4:00 Afternoon Social</p>	<p>7 10:00 Stretch w/ Bands 10:35 Group Crossword 1:30 Valentine's Crafts w/ Ginny & Gail 3:00 Concert: "Cowboy Jack" 4:00 Martinis & More</p>	<p>8 10:00 Chair Chi w/ Jason 10:45 History Video 1:30 LCR- Dice Game 3:00 Concert w/ Double Take!</p>	
<p>9 Special Event 9:15 Piano Hymns 9:30 Scripture & Song 10:30 Fitness Class 3:00 Superbowl Viewing Gathering</p>	<p>10 Special Event 10:00 Balance Class 10:45 Seasonal Crafts 1:30 Travel Video – Italy 3:00 Annual "Galentine's Afternoon Spa"</p>	<p>11 9:45 Catholic Service 10:00 Fitness Class 10:35 Garden Club 1:00 Outing: Ice Cream at "Rubys" 6:15 Piano Bar w/ Christian</p>	<p>12 Birthday Celebration 10:00 Stretch & Flex 10:45 Jeopardy 2:00 Poetry Club 3:00 Concert w/ Music Station & Birthday Celebration! 6:15 Table Games (SNF) <small>Tu B'Shevat Begins</small></p>	<p>13 10:00 Morning Stretch 10:45 Fresh Air Club 2:00 Helen Woodard 3:00 Valentine Cupcake Decorating 4:00 Happy Hour</p>	<p>14 Afternoon Concert 10:00 Stretch w/ Bands 10:45 "Not So Newlywed" Challenge 3:00 Concert w/ Clay & Gary 4:30 Valentine's Dinner <small>Valentine's Day</small></p>	<p>15 Afternoon Concert 10:00 Chair Yoga 10:45 Love on a Leash 1:30 Rummikub Club 2:45 Concert w/ Minnie G!</p>	
<p>16 Afternoon Concert 9:30 Scripture & Song 10:30 Fitness Class 11:00 History Video 3:00 Concert w/ Danny Gali 4:00 Sunday Sangrias</p>	<p>17 Our History Matters 10:00 Balance Class 10:35 Presidents' Day Social 3:30 History w/ Gary 4:30 Couples Candlelight Romantic Dinner <small>Presidents' Day (U.S.)</small></p>	<p>18 10:00 Fitness Class 10:35 Group Crossword 11:30 Lunch Outing Hennesy's Tavern 1:30 Movie Matinee 4:00 Cornhole Challenge & Happy Hour</p>	<p>19 Special Event 10:00 Fitness Class 10:35 Word Grid 3:00 Piano & Sing A Long 4:00 Happy Hour 6:15 Table Games (SNF)</p>	<p>20 Afternoon Concert 10:00 Morning Stretch 10:45 Who Am I 2:00 Catholic Mass w/ Father Anthony 3:00 Concert w/ La Don & Barbara 4:00 Thirsty Thursday</p>	<p>21 Afternoon Concert 10:00 Stretch w/ Bands 10:35 Mind Fit w/ Dana from the Key 1:30 Baja Paws 3:00 Concert w/ Adreinne Nimms 4:00 Margaritas!</p>	<p>22 10:00 Chair Chi w/ Jason 10:45 History Video 1:30 UNO -Card Game 3:00 Movie Matinee: "Marry Me" (Starring Jennifer Lopez)</p>	
<p>23 9:30 Scripture & Song 10:30 Fitness Class 1:30 Table Games 3:30 Movie Matinee & Popcorn "Resident's Choice"</p>	<p>24 Town Hall 10:00 Balance Class 10:35 Flower Arranging w/ Laurene Crosby 2:00 Town Hall 3:30 "Minute to Win It" (Games and Prizes) 6:00 Box Office Hit</p>	<p>25 Special Event 9:45 Catholic Service 10:00 Fitness Class 10:45 Music Appreciation w/ David Lewis 1:00 Shopping Trip 6:15 "The Dating Game" Prizes & More</p>	<p>26 Special Event 10:00 Fitness Class 10:35 Jeopardy Challenge 1:30 Creative Crafts 3:30 New Resident Social 4:00 Big Screen Karaoke 6:15 Table Games (SNF)</p>	<p>27 10:00 Stretch w/ Bands 10:00 Art for all Ages (SNF-Sunroom) 10:45 Travel and History w/ Hernan 1:30 Parlor Games 3:30 Fireside Chats & Music w/ Alexa</p>	<p>28 Afternoon Concert 10:00 Stretch w/ Bands 10:45 Would you Rather (Discussion Group) 1:30 Rummikub Club 3:00 Concert w/ Gary & Paul 4:00 Sangrias! <small>Ramadan Begins</small></p>		