

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2025

## GlenBrook Assisted Living

						
<p>2 9:30 Scripture &amp; Song 10:30 Fitness Class 1:30 Movie Matinee: "The Quiet Man" 4:00 Academy Award Social &amp; Viewing</p>	<p>3 10:00 Balance Class 10:45 Morning Manicures 1:30 UNO – Card Game 3:00 "A Trip to Antarctica" Presented by: Barbara Ahlfield</p>	<p>4 9:45 Catholic Service 10:00 Fitness Class 10:30 Village Church 10:45 Travel Log – New Orleans 1:00 Outing –Target 4:00 Happy Hour <small>Mardi Gras</small></p>	<p>5 10:00 Fitness Class 10:45 Ash Wednesday Service w/ Dave L. 1:30 Gardening 3:00 Cinco De Marzo Social! 6:15 Table Games (SNF)</p>	<p>6 10:00 Morning Stretch 10:45 Fresh Air Club 1:30 Watercolor Creating 3:30 Fireside Chats &amp; Music w/ Alexa</p>	<p>7 <b>Special Event</b> 10:00 Stretch w/ Bands 10:35 Group Crossword 1:30 Rummikub Club 3:00 Concert w/ Bayou Brothers 4:00 Mardi Gras Social</p>	<p>8 <b>Special Event</b> 10:00 Fitness Class w/ Jason 10:35 Morning Trivia 2:00 Music &amp; Memories (College Students) 4:00 Celebrating Women's Social</p>
<p>9 9:15 Piano Hymns 9:30 Scripture &amp; Song 10:30 Fitness Class 1:30 Movie Matinee: "The Celtic Women" 4:00 Happy Hour &amp; Cornhole <small>Daylight Saving Time Begins</small></p>	<p>10 10:15 5<sup>th</sup> Grade Class &amp; Crafts! 1:30 Balance Class 2:00 Party Prep 3:15 Afternoon Tea &amp; Music 6:00 Movie: "Riverdance"</p>	<p>11 9:45 Catholic Service 10:00 Fitness Class 10:45 Music Appreciation w/ David 1:30 Outing: Oceanside Harbor 6:15 Piano Bar w/ Christian</p>	<p>12 <b>Birthday Celebration</b> 10:00 Stretch &amp; Flex 10:45 Team Jeopardy 2:00 Poetry Club 3:00 Concert w/ Music Station &amp; Birthday Celebration! 6:15 Rummikub (SNF)</p>	<p>13 <b>Special Event</b> 10:00 Morning Stretch 10:45 Fresh Air Club 2:00 Helen Woodard (Pet Visits) 3:30 Purim Celebration w/ Kathy Robbins <small>Purim Begins</small></p>	<p>14 <b>Afternoon Concert</b> 10:00 Stretch w/ Bands 10:45 Cranium Crunches 1:30 Parlor Games 3:00 Concert w/ Clay &amp; Gary 4:00 T.G.I. F Social</p>	<p>15 <b>Afternoon Concert</b> 10:00 Chair Yoga 10:45 Love on a Leash 1:30 Rummikub Club 3:00 Documentary: "Hollywood Idols" (Part II)</p>
<p>16 <b>Special Event</b> 9:30 Scripture &amp; Song 10:30 Celebration of Life For Carol Chan 2:00 Rince Clan Irish Dancers 3:00 Music &amp; Happy Hour w/ Dani Gali</p>	<p>17 <b>Special Event!</b> 10:00 Balance Class 10:35 Truth or Blarney? 11:30 St. Patrick's Luncheon 6:15 St. Patrick's Concert &amp; Celebration w/ Steelin' Tin <small>St. Patrick's Day</small></p>	<p>18 <b>Outing Day</b> 10:00 Fitness Class 10:35 Group Crossword 1:30 Movie Matinee: (Resident's Choic) 4:00 Dinner Outing: "The Chart House"</p>	<p>19 <b>Special Event</b> 10:00 Fitness Class 10:35 Word Grid 1:30 Movie Matinee 2:00 Annual La Costa Glen Play at Catalina Hall! 6:15 Table Games (SNF)</p>	<p>20 <b>Afternoon Concert</b> 10:00 Morning Stretch 2:00 Catholic Mass w/ Father Anthony 3:00 Concert w/ La Don &amp; Barbara 4:00 Fireside Chats <small>Spring Begins</small></p>	<p>21 <b>Afternoon Concert</b> 10:00 Stretch w/ Bands 10:35 Mind Fit w/ Dana from the Key 1:30 Baja Paws 3:00 Concert w/ Adreinne Nimms 4:00 T.G.I.F Social</p>	<p>22 10:00 Fitness Class w/ Jason 10:45 History Video 1:30 Dominoes 3:00 Documentary: "Ancient Mysteries"</p>
<p>23 9:30 Scripture &amp; Song 10:30 Fitness Class 1:30 Nature Video 4:00 Happy Hour &amp; Shuffleboard</p>	<p>24 <b>Town Hall</b> 10:00 Balance Class 10:35 Flower Arranging w/ Laurene Crosby 2:00 Town Hall 3:30 "Minute to Win It" (Games and Prizes) 6:00 Box Office Hit</p>	<p>25 9:45 Catholic Service 10:00 Fitness Class 10:45 Music Appreciation w/ David Lewis 1:30 Outing: Flower Fields 6:30 "The Dating Game" (Part II)</p>	<p>26 10:00 Fitness Class 10:35 Jeopardy Challenge 1:30 Creative Crafts 3:30 Wine Not Wednesday 4:00 Big Screen Karaoke 6:15 Evening Soirée (SNF)</p>	<p>27 10:00 Stretch w/ Bands 10:00 Art for all Ages (SNF-Sunroom) 10:45 Travel and History w/ Hernan 1:30 Garden Club 3:30 Fireside Chats &amp; Music w/ Alexa</p>	<p>28 <b>Afternoon Concert</b> 10:00 Stretch w/ Bands 10:45 Word Scramble 1:30 Rummikub Club 3:00 Concert w/ Gary &amp; Paul 4:00 T.G. I.F. Social</p>	<p>29 10:00 Fitness Class w/ Jason 10:45 History Video 1:30 Kings in a Corner 3:00 Documentary: "Miracles of Nature"</p>
<p>30 9:30 Scripture &amp; Song 10:30 Fitness Class 1:30 Nature Video 4:00 Happy Hour &amp; Bocce Ball</p>	<p>31 10:00 Balance Class 10:45 Morning Manicures 1:30 Seasonal Crafts 3:15 Afternoon Tea &amp; Music</p>					