

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2025

## GlenBrook Health Center

							<b>1</b> 9:30 Fitness Class 10:00 Love on a Leash 10:30 IN2L Explore 1:00 Patio Pals 3:00 Movie Matinee: Leap Year 5:00 Dates to Celebrate
							<b>2</b> 9:30 Scripture & Song 10:15 Chair Chi w/ Pat 10:45 Fitness Class 1:15 Patio Pals 2:00 Table Games 4:00 Academy Award Show & Viewing
<b>9</b> 9:30 Scripture & Song 10:15 Chair Chi w/ Pat 10:45 Fitness Class 11:15 Who Am I 1:15 Patio Pals 2:00 Table Games 4:00 Afternoon Social <small>Daylight Saving Time Begins</small>	<b>10</b> 9:30 Fitness Class 10:30 5 <sup>th</sup> Grade Class Visit & Crafts 1:15 Card Games 2:00 Prize BINGO 3:45 Monday Margaritas	<b>11</b> 9:30 Music w/ David L. 9:45 Catholic Communion 10:15 IN2L Explore 1:30 Patio Pals 2:30 Table Games 3:45 Bake O' Batch 6:15 Piano Bar (AL) w/ Christian	<b>12</b> <i>Birthday Celebration</i> 9:30 Stretch to the Beat 10:15 IN2L 1:15 Patio Pals 3:30 Birthday Celebration 4:15 Concert w/ Music Station 6:15 Table Games	<b>13</b> <i>Special Event</i> 9:30 Exercise w/ Weights 10:15 Daily Chronicle 10:45 LCR- Dice Game 1:15 Patio Pals 2:45 Helen Woodard <i>(Pet Visits)</i> 3:30 Purim Celebration <small>Purim Begins</small>	<b>14</b> <i>Afternoon Concert</i> 9:30 Fitness Class 10:15 Daily Chronicle 10:45 Creative Corner 2:15 Garden Club 3:45 Happy Hour 4:15 Concert w/ Clay & Gary	<b>15</b> <i>Afternoon Concert</i> 9:30 Fitness Class 10:00 Love on a Leash 10:30 IN2L Explore 1:00 Patio Pals 2:00 Table Games 3:30 Movie Matinee: "Celtic Women"	
<b>16</b> <i>Special Event</i> 9:30 Scripture & Song 10:15 Chair Chi w/ Pat 10:30 Celebration of Life For Carol Chan (AL) 3:00 Rince Clan Irish Dancers 4:15 Concert w/ Dani G.	<b>17</b> <i>Special Event</i> 9:30 Fitness Class 10:00 History w/ Gary 1:30 Patio Pals 2:15 Party Prep 3:30 St. Paddy's Celebration 4:00 Concert w/ Steelin' Tin <small>St. Patrick's Day</small>	<b>18</b> 9:30 Fitness Class 10:15 IN2L Explore 11:15 Travel Video 1:15 Patio Pals 2:15 Table Games 3:45 Bake O' Batch 4:15 Paint & Sip	<b>19</b> 9:30 Stretch to the Beat 10:15 IN2L Explore 10:30 Color Me Calm 1:30 Movie Matinee: "La La Land" 2:00 Annual Play at Catalina Hall! 6:15 Rummikub	<b>20</b> 9:30 Exercise w/ Weights 10:30 Meditation w/ Katheen (Crystal Bowl Sounds) 2:00 Catholic Mass (AL) 3:30 Piano w/ Dave B. 4:15 Concert w/ La Don & Barbara <small>Spring Begins</small>	<b>21</b> <i>Afternoon Concert</i> 9:30 Fitness Class 10:15 IN2L Explore 2:15 Garden Club 3:30 Happy Hour 4:15 Concert w/ Adreinne N.	<b>22</b> 9:30 Fitness Class 10:15 IN2L Trivia 10:35 Creative Corner 1:00 Patio Pals 2:00 Table Games 3:30 Movie Matinee: "The Quiet Man"	
<b>23</b> 9:30 Scripture & Song 10:15 Chair Chi w/ Pat 10:45 Fitness Class 1:15 Patio Pals 2:15 Table Games 3:30 Sunday Sangrias & Tapas 4:15 Big Screen Karaoke	<b>24</b> 9:30 Fitness Class 10:15 Today in History 10:30 IN2L Explore 1:30 Patio Pals 2:30 BINGO!! 3:30 Monday Margaritas 4:00 Musical Moments	<b>25</b> <i>Special Event</i> 9:30 Music w/ David 9:45 Catholic Communion 10:15 IN2L Explore 2:15 Table Games 3:30 Afternoon Social 6:15 "The Dating Game" <i>(Assisted Living)</i>	<b>26</b> 9:30 Stretch to the Beat 10:00 Art for All Ages 1:30 Patio Pals 2:00 Bingo 3:30 Happy Hour 4:15 "Spring Sing" 6:15 Evening Soirée (SNF)	<b>27</b> <i>Resident Council</i> 9:30 Exercise w/ Weights 10:15 LCR- Dice Game 2:00 Travel w/ Hernan 3:15 Resident Council 4:00 Raffle BINGO	<b>28</b> <i>Afternoon Concert</i> 10:45 Fitness Class 11:00 Lunch Outing To Hennesseys 1:15 Patio Pals 3:30 T.G.I.F Hour 4:15 Concert w/ Gary & Paul	<b>29</b> 9:30 Fitness Class 10:15 IN2L Trivia 10:35 Creative Corner 1:00 Patio Pals 2:00 Table Games 3:30 Movie Matinee: "Miss Congeniality"	
<b>30</b> 9:30 Scripture & Song 10:15 Chair Chi w/ Pat 10:45 Fitness Class 1:15 Patio Pals 2:15 Table Games 3:30 Sunday "Sundaes"	<b>31</b> 9:30 Fitness Class 10:15 Today in History 10:30 IN2L Explore 1:30 Patio Pals 2:30 BINGO!! 3:30 Monday Margaritas 4:00 Musical Moments						