

GLENBROOK HEALTH CENTER

EMPLOYEE NEWS LETTER

NOVEMBER 2024



Employee of the Year 2023

Edna Ricardez our Assisted Living Certified Nursing Assistant won last years Employee of The Year and would like to thank everyone who voted for her. Enjoy some of the pictures she took on her trip to Rome, Paris, and Italy!

STAFF SPOTLIGHT

SHANNON DONADIO

Shannon Donadio is our Food and Nutrition Services Manager. She is originally from Queens, New York, she has two brothers and one sister. Shannon has been at GlenBrook Health Center for almost three years. Some of the things she enjoys here are being able to interact with residents and setting goals with the employees she manages. When she isn't working she likes to indulge herself in cooking and drawing. Five years from now Shannon sees herself growing her career here at GlenBrook Health Center.



Happy Birthday



★★★★★
REVIEW US!



November Birthday Bash
11/22/2024

RESIDENT NEWSLETTER
NOVEMBER 2024



TRIVIA CORNER

1. Which resident was part of the band called Star Dusters?
2. Which resident served in the Navy as a Medical Corps-Man?
3. Which resident moved 47 times?
4. Which resident played in a Kazoo band?

SAVE THE DATE!

Family Night ~ 12/10/2024
Guest Speaker Dr. James Howard
Location: 2nd Floor Activities Room
Time: 4-5PM
RSVP to 760-704-6800
Seating is limited!
Light Bites & Pies To Go!

Happy Birthday To!

Emily B. 11/01
Frances F. 11/01
Lily H. 11/11
Norman C. 11/13
Joanne D. 11/13
Anita H. 11/18
Ann O. 11/20



Welcome Home!

Eleanor N.

Carol M.

Rosemarie H.

Alice B.



EMPLOYEE NEWSLETTER

Happy Holidays from GlenBrook Health Center!

Remember to show your coworkers how much you appreciate them on AllStars!

STAR OF THE QUARTER

Congratulations to Efrain, our Admissions Coordinator, on winning Star of the Quarter!!

Efrain has been here at GlenBrook for 2 years and counting. He is an Air Force Veteran after serving a total of 10 years. He is currently a full-time student at Cal State San Marcos pursuing Psychology. He plans to get a law degree or a masters in Clinical Counseling. Outside of work, Efrain loves to hang out with friends and family. He loves trying new foods, enjoys watching films and also enjoys collecting perfumes! Efrain loves the strong comradery of GlenBrook and how supportive the staff is to each other.



Happy birthday to our December birthdays!

Employee Appreciation Fund

This year, the residents showed their appreciation for every employee by raising **OVER 1 Million dollars!!**

Thank you for your hard work and dedication to the facility and residents!



Staff Spotlight: Holly Nguyen

Hello everyone, my name is Holly Nguyen. I am a MedTech in the AL department. I am originally from Vietnam, I moved to the US with my brothers and sisters at the age of 16. In California, I was able to create my beautiful family that I adore greatly. I am the mother of 3 pretty daughters, who turned out just like me (hehehe). All 3 of my daughters work here as well and they enjoy it just as much I do. Some of my hobbies outside of work include cooking, hiking and playing with my dogs at home. My journey at GlenBrook began over 13 years ago, when I started as a RNA in the SNF. After a few years, I transferred over to AL. My future plans/goals for myself is to further my education by becoming a nurse. Over the years, I have enjoyed every interaction I have had with our residents and have learned a great deal from their stories! I am extremely grateful to be a part of GlenBrook team and look forward to my future with this community.



GlenBrook Health Center Resident News Letter December 2024



Trivia Corner

1. What Resident was a Oceanographic Research Ship Captain?
2. What Resident was a Navy Flight Surgeon?
3. What Residents have been married for 71 years?
4. What resident lived on a yacht for 2 1/2 years?

Happy Birthday To!

- LORELEI M. 12/5
- MARGARET S. 12/08
- JAMES C. 12/13
- RONALD O. 12/14
- CAROL D. 12/14
- ROBERT B. 12/15
- MARY ANN L. 12/19
- CAROL C. 12/22
- LINDA W. 12/26
- JOAN A. 12/28
- DOLORES C. 12/29
- NONA I. 12/29



2025

GLENBROOK HEALTH CENTER

JANUARY 2025

EMPLOYEE NEWSLETTER

Happy New Year from GlenBrook Health Center!
Show your coworkers how much you appreciate them by recognizing them on allSTARS!

STAR OF THE QUARTER: Raquel Carrillo

Congratulations to our Star of the Quarter, Raquel!

I am a California Native member of the Juaneno Band of Mission Indians Acjacheman Nation. I was a Girl Scout Troup Leader for 10+ years, this time was spent with my lovely daughter who was also in the troop. I love animals, music, the beach and everything art related. I keep busy getting outdoors as often as I can with my family. My passion is not only coming to work with GlenBrook's amazing residents but that devotion is also shared with my love for my business, Strongbow Creations, that I founded in 2020 creating eco-friendly sustainably made home goods. I've lived in Oceanside for 15 years with my spouse, daughter and our fur babies. We have 2 cats, 2 dogs, and 2 snakes = never a dull moment.

allSTARS



2025

JANUARY STAR OF THE MONTH:

Alex Martinez

Congratulations to our January Star of the Month, Alex!
Alex is a CNA in our Skilled Nursing Facility. Thank you Alex for your hard work and dedication to GlenBrook.
We appreciate you!

allSTARS



2025

Save the Date:

ALLSTAR Employee

Annual Celebration

When: January 29, 11-3pm

Where: Catalina Hall

Who: YOU!

Do you have a 401k?

A 401k is an employer-sponsored savings plan that allows employees to set aside a portion of their paycheck for retirement.

See Kirsten Oates in HR for more information!

Set up your future now.



2025

GlenBrook challenges you to set goals for yourself.

3 personal goals and 3 work goals.

2025

If your habits don't change, you won't have a new year. You'll just have another year!

"Setting goals is the first step in turning the invisible to the visible"

Tony Robbins

GLENBROOK HEALTH CENTER RESIDENT NEWSLETTER | JANUARY 2025



*Happy
New Year*

FAMILY NIGHT

“A Living Will With A Heart & Soul”

5 WISHES

Date: February 6th

Time: 4-5PM

Location: 2nd Floor Activities Room

Presented By: The Elizabeth Hospice

Light Refreshments will be served

RSVP at (760) 704-6800- Seating is Limited



WELCOME HOME!

Antoinette F.
Dolores C.
Scott P.

HOME 



Assisted Living Holiday Door Decorating Contest

1ST PLACE:

**EMILY
BAGNALL**

2ND PLACE:

LEW GOBLE



TRIVIA CORNER

1. What Resident was born in Germany?
2. What resident was a Real Estate Broker?
3. What resident was a Farmer?
4. What resident has a twin sister?



Trivia



Let's Go GREEN
&
Go Paperless!

Make your payment here!



EMPLOYEE NEWSLETTER

STAR OF THE YEAR

Arkady Levitansky

Congratulations to Arkady who won GlenBrook's Star of the Year! The Star of the Year wins \$5,000 for a trip of their choosing!

Arkady plans to take a trip to Cancun, Mexico. Enjoy the sunshine and relaxation, you deserve it!

We appreciate your hard work and dedication to GlenBrook!



STAR OF THE YEAR NOMINEES



Snezana Skrbic
AL Wellness Nurse



Efrain Quintero
Admissions Coordinator



Raquel Carrillo
Life Enrichment Coordinator

Open enrollment for Employee Benefits will run from 2/14/2025-2/28/2025.

You can login to ADP and make changes to your benefit elections such as:

- Make changes to plan contributions
- Add or change your insurance coverage
- Add or update beneficiaries

See your HR department for schedule of onsite visits.

"Never be satisfied with less than your very best effort"
—Gerald R. Ford

WELCOME HOME!

Dr. David P.

Janice D.

GiGi S.

Dan B.

Joan Y.

Wally C.



New Resident

Welcome

Luncheon

Date: February 20

Time: 11:30 am

Location: 1st floor

Piano Room



FAMILY NIGHT

MYTHS VS. FACTS

THE HOSPICE BENEFIT AND THE BENEFITS OF HOSPICE

Date: March 6th

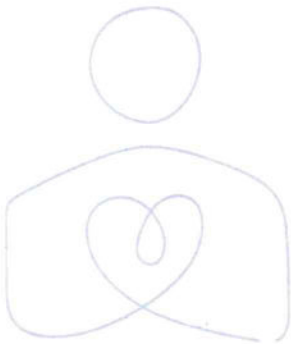
Time: 4-5PM

Location: Upstairs Activities Room

Presented by: The Elizabeth Hospice

Light Refreshments will be served

RSVP at x6800



Let's Go Green & Go Paperless!
Make your payment here!



TRIVIA CORNER



1. What residents favorite candy are tootsie rolls?
2. What resident was an Army Artillery Officer?
3. What resident is from England?

New Resident Social

When: February 26

Time: 3:30 PM

Location: 2nd Floor

Activity Room

