

EMPLOYEE NEWSLETTER

Happy New Year from GlenBrook Health Center!
Show your coworkers how much you appreciate them by recognizing them on allSTARS!

STAR OF THE QUARTER: Raquel Carrillo

Congratulations to our Star of the Quarter, Raquel!

I am a California Native member of the Juaneno Band of Mission Indians Acjacheman Nation. I was a Girl Scout Troup Leader for 10+ years, this time was spent with my lovely daughter who was also in the troop. I love animals, music, the beach and everything art related. I keep busy getting outdoors as often as I can with my family. My passion is not only coming to work with GlenBrook's amazing residents but that devotion is also shared with my love for my business, Strongbow Creations, that I founded in 2020 creating eco-friendly sustainably made home goods. I've lived in Oceanside for 15 years with my spouse, daughter and our fur babies. We have 2 cats, 2 dogs, and 2 snakes = never a dull moment.



JANUARY STAR OF THE MONTH:

Alex Martinez

Congratulations to our January Star of the Month, Alex!
Alex is a CNA in our Skilled Nursing Facility. Thank you Alex for your hard work and dedication to GlenBrook.

We appreciate you!



Save the Date:

ALLSTAR Employee
Annual Celebration

When: January 29, 11-3pm

Where: Catalina Hall

Who: YOU!



Do you have a 401k?

A 401k is an employer-sponsored savings plan that allows employees to set aside a portion of their paycheck for retirement.

See Kirsten Oates in HR for more information!

Set up your future now.



GlenBrook challenges you to set goals for yourself.

3 personal goals and 3 work goals.

If your habits don't change, you won't have a new year. You'll just have another year!

"Setting goals is the first step in turning the invisible to the visible"

Tony Robbins

GLENBROOK HEALTH CENTER RESIDENT NEWSLETTER | JANUARY 2025



FAMILY NIGHT

“A Living Will With A Heart & Soul”

5 WISHES

Date: February 6th

Time: 4-5PM

Location: 2nd Floor Activities Room

Presented By: The Elizabeth Hospice

Light Refreshments will be served

RSVP at (760) 704-6800- Seating is Limited



WELCOME HOME!

Antoinette F.

Dolores C.

Scott P.



Assisted Living Holiday Door Decorating Contest

1ST PLACE:

**EMILY
BAGNALL**

2ND PLACE:

LEW GOBLE



TRIVIA CORNER

1. What Resident was born in Germany?
2. What resident was a Real Estate Broker?
3. What resident was a Farmer?
4. What resident has a twin sister?



Let's Go GREEN
&

Go Paperless!

Make your payment here!

