

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2025

GlenBrook Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10:00 Morning Stretch 10:45 Fresh Air Club 1:30 Crafts: May Day Baskets 3:30 Piano w Dave Berrier <small>May Day</small>	10:00 Stretch to the Beat 10:35 Cranuim Crunches 3:00 Concert w/ Cowboy Jack 4:00 T.G.I.F Social	<i>Special Event</i> 10:00 Fitness w/ Jason 10:45 Love on a Leash 3:15 Annual Crazy Hat & Kentucky Derby Viewing Party!
9:30 Scripture & Song 10:30 Fitness Class 1:30 Movie Matinee 4:00 Cornhole & Happy Hour	10:00 Balance Class 10:45 Morning Manicures 1:30 Amigo Bingo 4:00 Happy Hour 6:30 Latin Nights w/ Jovita! <small>Cinco de Mayo</small>	10:00 Balance Class 10:45 Morning Manicures 2:00 Staff Guacamole Contest on Patio 3:30 "The Frosties" Perform Youth Concert	10:00 Fitness Class 10:35 Group Cross-Word 1:30 Baja Paws (Puppies and Kittens) 3:30 Creative Corner 6:15 Rootbeer Floats & Parlor Games (SNF)	10:00 Morning Stretch 10:45 Fresh Air Club 2:00 Helen Woodard (Pet Visits) 3:00 Singfit FUN & Afternoon Social	10:00 Stretch w/ Bands 10:45 "Spa Day" (Facials) 1:30 Parlor Games 3:00 Concert w/ Clay & Gary 4:00 T.G.I. F Social	10:00 Fitness Class w/ Jason 10:35 Morning Trivia 1:30 Movie Matinee: Mothers' Day 4:00 Afternoon Social
<i>Special Event</i> 9:15 Piano Hymns 9:30 Scripture & Song 10:15 Chair Chi w/ Pat 12:00 Mother's Day Brunch 3:00 Concert: Glen Kramer <small>Mother's Day National Skilled Nursing Care Week</small>	<i>Sports Day</i> 10:15 5 th Grade Class & Crafts! 1:30 Balance Class 3:30 Tailgate Party 6:00 Box Office Hit <i>National Nursing Home Week</i>	<i>Fiesta Day</i> 9:45 Catholic Service 10:00 Fitness Class 10:45 Fresh Air Club 1:15 Outing: Target 3:00 Margaritas & More 6:15 Piano Bar w/ Christian	<i>Hawaiian Day!</i> 10:45 Late Stretch Class 2:00 Poetry Club / LCG 3:00 Concert w/ Music Station & Birthday Celebration! 6:15 Tropical Social	<i>Wellness Day</i> 10:00 Morning Stretch 10:45 Music Memories 1:30 UNO – Card Games 3:00 Concert w/ La Don & Barbara 4:00 Fruit Tasting!	<i>Western Day</i> 10:00 Stretch w/ Bands 11:15 Lunch Outing: Enzos (BBQ) 1:30 Baja Paws 3:00 Concert w/ Adreinne Nimms 4:00 Happy Hour	<i>Special Event</i> 10:00 Fitness Class w/ Nelly 10:45 Love on a Leash 1:30 Table Games 3:00 Concert w/ Double Take <small>Armed Forces Day</small>
9:30 Scripture & Song 10:30 Fitness Class 1:30 Movie Matinee 3:00 Music & Happy Hour w/ Dani Gali 4:00 Happy Hour	10:00 Balance Class 10:15 5 th Grade Class Visit 1:30 UNO – Card Game 3:30 History w/ Gary 6:00 Box Office Hit <small>Victoria Day (Canada)</small>	10:00 Fitness Class 10:45 Garden Club 1:30 Parlor Games 1:30 Beach Walk Carlsbad 4:00 Happy Hour & Active Games	10:00 Fitness Class 10:45 Bible Study w/David 1:30 Baja Paws (Puppies & Kittens) 3:00 Patio Social & Spring Games	<i>Afternoon Concert</i> 10:00 Stretch w/ Bands 10:00 Art for all Ages 10:45 Travel w/ Hernan 2:00 Catholic Mass w/ Father Anthony 3:30 Thirsty Thursday & Karaoke	10:00 Stretch w/ Bands 10:30 Outing- Camp Pendleton Skipper Trip 1:30 Rummikub Club 2:45 Concert w Gary 4:00 T.G. I.F. Social	10:00 Fitness w/ Jason 10:35 Trivia Treasures 1:30 Parlor Games 2:45 Concert w/ Minnie G. 3:45 Afternoon Social
9:30 Scripture & Song 10:30 Fitness Class 1:30 Movie Matinee: 4:00 Cornhole & Happy Hour	<i>Town Hall</i> 10:00 Balance Class 10:35 Flower Arranging w/ Laurene Crosby 2:00 Town Hall 3:30 "Minute to Win It" (Games and Prizes) 6:00 Box Office Hit <small>Memorial Day</small>	9:45 Catholic Service 10:00 Fitness Class 10:45 Music w/ David 1:30 Parlor Games 4:00 Dinner Outing to Cheesecake Factory	10:00 Fitness Class 10:45 Group Crossword 1:30 Creative Crafts 3:30 Ice Cream Social 4:00 SINGFIT 6:15 BlackJack Night (SNF)	10:00 Morning Stretch 10:45 Fresh Air Club 1:30 Rummikub Club 3:30 Fireside Chats & Music Memories w/ Alexa	9:00 Stretch w/ Bands 10:35 Group Crossword 1:30 Rummikub Club 3:00 Concert / Jaime A. 4:00 T.G.I.F Social	10:00 Fitness Class w/ Jason 10:35 Morning Trivia 1:30 Movie Matinee: Mothers' Day 4:00 Afternoon Social