



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2025 GlenBrook Skilled Nursing		9:30 Fitness Class 1 9:45 Catholic Service 10:15 Daily Chronicle 10:45 IN2L Explore 1:15 Patio Pals 2:00 BINGO 3:30 Bake O' Batch 4:15 Big Screen Karaoke Canada Day	9:30 Stretch to the Beat 2 10:15 Daily Chronicle 10:30 IN2L Explore 1:15 Patio Pals 2:00 Table Games 3:30 Afternoon Social 4:15 Musical Moments	9:30 Exercise w/ Weights 3 10:15 IN2L Explore 1:30 Patio Pals 2:00 Table Games 3:30 Thirsty Thursday Social 4:15 Chair Yoga & Aromatherapy	9:30 Fitness Class 4 10:15 IN2L Explore 11:30 4 th of July BBQ 3:30 Red, White & Blus Social 4:15 Concert: Cowboy Jack Independence Day (US)	9:30 Fitness Class 5 10:00 Love on a Leash 10:30 IN2L Explore 1:00 Patio Pals 2:15 Table Games 3:30 Rootbeer Floats Social
9:30 Scripture & Song w/ Dave Leach 10:30 Fitness Class w/ Barbara 1:15 Patio Pals 2:00 Movie Matinee 4:00 Table Games	9:30 Fitness Class 7 10:15 Daily Chronicle 10:45 IN2L Explore 1:15 Patio Pals 2:00 Bingo 3:30 Piano w/ Lorena	9:30 Fitness Class 8 9:45 Catholic Service 10:15 Daily Chronicle 10:45 IN2L Explore 2:00 BINGO 3:30 Bake O' Batch 4:15 Big Screen Karaoke 6:15 Game Night	9:30 Stretch to the Beat 9 10:45 IN2L Explore 1:15 Patio Pals 2:00 Parlor Games 3:30 Birthday Celebration 4:15 Concert – Music Station	9:30 Exercise w/ Weight 10 10:15 Seasonal Trivia 10:45 LCR – Dice Game 1:00 Patio Pals 2:15 Helen Woodard 3:30 Thirsty Thursday 4:15 Chair Yoga & Aromatherapy	9:30 Fitness Class 11 10:45 IN2L Explore 1:30 Patio Pals 2:15 Creative Corner 3:30 Happy Hour 4:15 Concert: Clay & Gary	9:30 Fitness Class 12 10:15 IN2L Trivia 10:35 Color Me Calm 1:00 Patio Pals 2:00 Table Games 3:30 Afternoon Social 4:15 Concert w/ Double Take
9:30 Scripture & Song w/ Dave Leach 10:30 Fitness Class w/ Barbara 1:15 Patio Pals 2:00 Movie Matinee 4:00 Table Games	9:30 Fitness Class 14 10:15 Daily Chronicle 10:45 IN2L Explore 1:15 Patio Pals 3:30 French Café Social & Music w/ Jaime A. 5:00 Trivia	9:30 Fitness Class 15 9:45 Catholic Service 10:15 Daily Chronicle 10:45 IN2L Explore 2:00 BINGO 3:30 Bake O' Batch 4:15 Big Screen Karaoke 6:15 Game Night	9:30 Stretch to the Beat 16 10:15 Daily Chronicle 10:45 IN2L Explore 2:30 Baja Paws (Kittens & Puppies) 3:15 Table Games 4:15 Wine & Cheese Social	9:30 Exercise w/ Weight 17 10:30 Sound Bowls Meditation 1:30 Patio Pals 3:30 Piano w/ Dave B. & Happy Hour 4:15 Concert w/ La Don & Barbra	9:30 Fitness Class 18 10:45 IN2L Explore 11:00 Outing: Green Dragon Tavern 1:15 Patio Pals 3:30 Happy Hour 4:15 Concert w/ Adrienne Nimms	9:30 Fitness Class 19 10:00 Love on a Leash 10:30 IN2L Explore 1:00 Patio Pals 2:15 Table Games 3:30 Afternoon Social 4:15 Concert w/ Minnie G.
9:30 Scripture & Song w/ Dave Leach 10:30 Fitness Class 11:15 Trivia 1:15 Patio Pals 2:00 Movie Matinee 4:30 Trivia Treasures	9:30 Fitness Class 21 10:15 Daily Chronicle 10:45 IN2L Explore 1:30 History w/ Gary 3:30 Piano w/ Lorena 4:15 Monday Margaritas	9:30 Fitness Class 22 10:15 Daily Chronicle 10:45 IN2L Explore 1:15 Patio Pals 2:00 BINGO 3:30 Bake O' Batch 4:15 Big Screen Karaoke 6:15 Game Night	9:30 Stretch to the Beat 23 10:00 Art for All Ages 10:45 IN2L Explore 1:15 Patio Pals 3:30 Table Games 4:15 Wine and Cheese Social	9:30 Exercise w/ Weight 24 10:15 Seasonal Trivia 10:45 LCR – Dice Game 1:00 Patio Pals 2:00 Travel w/ Hernan 2:00 Catholic Mass 3:00 Resident Council 4:15 Concert w/ Gary	9:30 Fitness Class 25 10:30 Outing: Oceanside Museum of Art 1:30 Patio Pals 2:15 Creative Corner 3:30 Happy Hour 4:15 Concert w/ Peter S.	9:30 Fitness Class 26 10:15 Daily Chronicle 10:30 IN2L Explore 1:00 Patio Pals 2:15 Table Games 3:30 Rootbeer Floats Social
9:30 Scripture & Song w/ Dave Leach 10:30 Fitness Class w/ Barbara 1:30 Patio Pals 2:00 Movie Matinee 4:30 Trivia Treasures	9:30 Fitness Class 28 10:15 Daily Chronicle 10:45 IN2L Explore 1:30 Patio Pals 3:30 Piano w/ Lorena 4:15 Monday Margaritas	9:30 Fitness Class 29 10:15 Daily Chronicle 10:45 IN2L Explore 1:15 Patio Pals 2:00 BINGO 3:30 Bake O' Batch 4:15 Big Screen Karaoke 6:15 Piano Bar	9:30 Stretch to the Beat 30 10:15 Daily Chronicle 10:30 IN2L Explore 1:15 Patio Pals 2:00 Table Games 3:30 Afternoon Social 4:15 Musical Moments	9:30 Exercise w/ Weight 31 10:15 IN2L Explore 1:30 Patio Pals 2:00 Table Games 3:30 Thirsty Thursday Social 4:15 Chair Yoga & Aromatherapy	Happy 4th of July! GLENBROOK HEALTH CENTER	