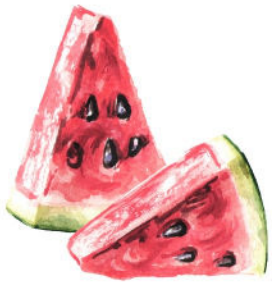


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2025 Glenbrook Assisted Living 						
					Special Event 10:00 Fitness Class 10:45 Trivia 3:00 Concert w/ Cowboy Jack 4:00 T.G.I.F Social	10:00 Fitness Class w/ Jason 10:45 Love on a Leash 2:00 Movie Matinee 4:00 Afternoon Social
9:30 Scripture & Song w/ Dave Leach 10:30 Fitness Class 1:00 Padres Vs. Cardinals (Game viewing Social) 4:00 Happy Hour on the Patio	10:00 Balance Class 10:45 Morning Manicures 1:30 Relax on Patio 3:00 Afternoon Summer Tea 6:00 Box Office Hit	10:00 Move to the Beat 10:35 Trivia Challenge 11:00 Lunch Outing: Pizza Nova 4:00 Wine & Cheese Social 6:15 Ice Cream Social & Game Night	10:00 Move to the Beat 10:35 Text Twist 1:30 Baja Paws 2:00 Creative Corner 4:30 Dinner and a Movie "An American in Paris"	10:00 Exercise w/ Weights 10:45 Fresh Air Club 1:30 Table Games 3:30 Piano w/ Dave Berrier 4:00 Thirsty Thursday	Afternoon Concert 10:00 Indoor Spin 10:45 Morning Spa 1:30 Prize Bingo 3:00 Concert w/ Gary & Paul 4:00 Happy Hour	10:00 Fitness Class w/ Jason 10:35 Trivia 1:30 Table Games 4:00 Happy Hour & Singfit
9:30 Scripture & Song w/ Dave Leach 10:30 Fitness Class 1:10 Padres vs Red Sox (Game Viewing Social) 4:00 Refreshing Watermelon Social & Cornhole	10:00 Balance Class 10:45 Morning Manicures 1:30 Afternoon Spa 3:30 Walking 6:00 Box Office Hit	9:45 Catholic Communion 10:00 Fitness Class 11:00 Outing: Harry's Coffee Shop 2:00 Music Class w/ Beatrice 1:30 Fresh Air Club 6:15 Piano Bar & Music w/ Christian	Special Event 10:00 Move to the Beat 10:45 Text Twist 1:30 Table Games 3:30 A&W Rootbeer Social	Special Event 10:00 Morning Stretch 10:45 Fresh Air Club 2:00 Helen Woodard (Pet Visits) 2:30 Meditation w/ Kathleen 6:30 "Piano Bar" with The Chan's Family!	10:00 Stretch w/ Bands 11:15 Lunch Outing: "Picnic at the Beach" 3:00 Concert w/ Adreinne Nimms 4:00 Happy Hour	10:00 Fitness Class w/ Jason 10:35 Trivia 2:45 Musical Moments 3:45 Outdoor Social
Afternoon Concert 9:30 Scripture & Song w/ Dave Leach 10:30 Fitness Class 1:00 Dodgers Vs. Padres 3:00 Concert w/ Danny Gali 4:00 Happy Hour	Our History Matters 10:00 Balance Class 10:45 Morning Manicures 11:30 Piano w/ Carrie 1:30 Table Games 3:30 History w/ Gary 6:00 Box Office Hit	9:45 Catholic Communion 10:00 Balance Class 10:45 August Jeopardy 1:30 Outing: William D Cannon Art Gallery 2:00 Music Class w/ Beatrice 3:30 Paint & Sip 6:30 Game Night	10:00 Move to the Beat 10:00 Art for all Ages -SNF 10:45 Documentary: Billy Joel 1:30 Baja Paws? (Puppies & Kittens) 3:30 "Sock Hop Social"	10:00 Morning Stretch 10:45 Coconut / Pineapple Limbo 1:30 Table Games 3:00 Concert w/ La Don & Barbara 4:00 Luau Social (Mai Tais & More)	10:00 Stretch w/ Bands 10:00 Beachwalk 1:30 Rummikub Club 3:00 Concert w/ Clay 4:00 T.G. I.F. Social	10:00 Fitness Class w/ Jason 10:45 Trivia 1:30 Movie Matinee 4:00 Happy Hour
9:30 Scripture & Song w/ Dave Leach 10:30 Fitness Class 1:00 Dodgers Vs. Padres 4:00 Happy Hour on the Patio	10:00 Balance Class 10:45 Flower Arranging w/ Laurene Crosby 2:00 Town Hall 3:30 Minute to Win it! 4:00 Summer Social	Evening Outing 10:00 Balance Class 10:45 Music Appreciation Lecture w/ David 2:00 Music Class w/ Beatrice 6:00 Dinner Outing: "The Broiler"	10:00 Move to the Beat 10:45 Documentary: 1:30 Table Games 3:00 Birthday Celebration w/ The Music Station!	10:00 Stretch w/ Bands 10:45 Travel w/ Hernan 2:00 Catholic Mass w/ Father Anthony 2:30 Meditation / Kathleen 4:00 Thirsty Thursday	10:00 Stretch w/ Bands 10:15 Craftsmanship Museum 1:30 Rummikub Club 2:45 Concert w/Jaime A. 4:00 T.G. I.F. Social	10:00 Fitness Class w/ Jason 10:45 Trivia 1:30 Movie Matinee 4:00 Happy Hour
9:30 Scripture & Song w/ Dave Leach 10:30 Fitness Class 1:30 History Video 4:00 Music & Memories w/ Ron Hoffman	    					