



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

August 2025

GlenBrook Skilled Nursing

August 2025 GlenBrook Skilled Nursing						1 9:30 Fitness Class 10:15 Daily Chronicle 10:45 IN2L 1:00 Patio Pals 3:15 Happy Hour 4:15 Harp Concert w/ Leila	2 9:30 Fitness Class 10:00 Love on a Leash 10:30 IN2L Explore 1:00 Patio Pals 2:15 Table Games 3:30 Rootbeer Floats Social
3 9:30 Scripture & Song w/ Dave Leach 10:30 Chair Chi w/ Pat 1:00 Padres Vs. Cardinals & Viewing Social 4:00 Table Games	4 9:30 Fitness Class 10:15 Daily Chronicle 10:45 IN2L Explore 1:15 Patio Pals 2:00 Bingo 3:30 Piano w/ Lorena 4:15 Patio Pals	5 9:30 Fitness Class 9:45 Catholic Service 10:15 Daily Chronicle 10:45 IN2L Explore 1:15 Patio Pals 2:00 BINGO 3:30 Bake O’ Batch 4:15 Big Screen Karaoke	6 9:30 Stretch to the Beat 10:15 Singing Seniors from North Coast Church 1:15 Patio Pals 2:00 Table Games 3:30 Afternoon Social 4:30 Dinner and a Movie : An American in Paris	7 9:30 Exercise w/ Weights 10:15 IN2L Explore 1:30 Patio Pals 2:00 Table Games 3:30 Thirsty Thursday 4:15 Chair Yoga & Aromatherapy	8 9:30 Fitness Class 10:15 IN2L Explore 11:00 Lunch Outing: Dinis by the Sea 1:30 Patio Pals 2:15 Creative Corner 3:30 Happy Hour 4:15 Concert: Clay & Gary	9 9:30 Fitness Class 10:15 IN2L Trivia 10:35 Color Me Calm 1:00 Patio Pals 2:00 Table Games 3:30 Rootbeer Float Social	
10 9:30 Scripture & Song w/ Dave Leach 10:30 Chair Chi w/ Pat 1:00 Padres Vs. Red Sox & Viewing Social 4:00 Table Games	11 9:30 Fitness Class 10:15 Daily Chronicle 10:45 IN2L Explore 1:15 Patio Pals 2:00 Bingo 3:30 Piano w/ Lorena 4:15 Monday Margaritas	12 9:30 Fitness Class 9:45 Catholic Service 10:15 Daily Chronicle 10:45 IN2L Explore 2:00 Music Class w/ Beatrice 3:30 Bake O’ Batch 4:15 Big Screen Karaoke 6:15 Concert w/ Christian	13 9:30 Stretch to the Beat 10:45 IN2L Explore 1:15 Patio Pals 2:00 Parlor Games 3:30 Afternoon Social 4:15 Musical Moments	14 9:30 Exercise w/ Weights 10:15 Seasonal Trivia 10:45 LCR – Dice Game 1:00 Patio Pals 2:15 Helen Woodard 3:30 Thirsty Thursday 4:15 Chair Yoga 6:30	15 9:30 Fitness Class 10:15IN2L Explore 11:00 Outing: Picnic at the Beach 1:15 Patio Pals 3:30 Happy Hour 4:15 Concert w/ Adrienne Nimms	16 9:30 Fitness Class 10:00 Love on a Leash 10:30 IN2L Explore 1:00 Patio Pals 2:15 Table Games 3:30 Rootbeer Floats Social	
17 9:30 Scripture & Song w/ Dave Leach 10:30 Fitness Class 11:15 Trivia 1:15 Dodgers Vs. Padres Viewing Social 4:15 Concert w/ Danny	18 9:30 Fitness Class 10:15 Daily Chronicle 10:45 IN2L Explore 1:30 History w/ Gary 3:30 Piano w/ Lorena 4:15 Monday Margaritas	19 9:30 Fitness Class 9:45 Catholic Service 10:15 Daily Chronicle 10:45 IN2L Explore 2:00 Music Class w/ Beatrice 3:30 Bake O’ Batch 4:15 Big Screen Karaoke 6:15 Game Night	20 9:30 Stretch to the Beat 10:15 Daily Chronicle 10:45 IN2L Explore 1:30 Patio Pals 3:30 Paint & Sip Social 4:45 End of Day Trivia	21 9:30 Exercise w/ Weights 10:30 Sound Bowls Meditation 1:30 Patio Pals 3:30 Piano w/ Dave B. & Happy Hour 4:15 Concert w/ La Don & Barbra	22 9:30 Fitness Class 10:15 IN2L Explore 11:00 Shopping & Errands 1:30 Patio Pals 2:15 Creative Corner 3:30 Happy Hour 4:15 Concert w/ Gary	23 9:30 Fitness Class 10:15 IN2L Trivia 10:35 Color Me Calm 1:00 Patio Pals 2:00 Table Games 3:30 Rootbeer Float Social	
24 9:30 Scripture & Song w/ Dave Leach 10:30 Fitness Class w/ Barbara 1:00 Padres Vs. Chargers 2:00 Movie Matinee 4:30 Trivia Treasures	25 9:30 Fitness Class 10:15 Daily Chronicle 10:45 IN2L Explore 1:30 Patio Pals 3:30 Piano w/ Lorena 4:15 Monday Margaritas	26 9:30 Music w/ David 10:30 Fitness Class 1:15 Patio Pals 2:00 Music Class w/ Beatrice 3:30 Bake O’ Batch 4:15 Big Screen Karaoke 6:15 Game Night	27 9:30 Stretch to the Beat 10:45 IN2L Explore 1:30 Baja Paws (Puppies & Kittens) 2:00 Parlor Games 3:30 Birthday Celebration 4:15 Concert – Music Station	28 9:30 Exercise w/ Weights 10:15 Seasonal Trivia 10:45 LCR – Dice Game 1:00 Patio Pals 2:00 Travel w/ Hernan 2:00 Catholic Mass (AL) 3:00 Resident Council 4:00 Table Games	29 9:30 Fitness Class 10:15 IN2L Explore 10:45 Creative Corner 1:30 Patio Pals 2:15 Creative Corner 3:30 Happy Hour 4:15 Concert w/ Jamie A,	30 9:30 Fitness Class 10:15 IN2L Trivia 10:35 Color Me Calm 1:00 Patio Pals 2:00 Table Games 3:30 Rootbeer Float Social	
31 9:30 Scripture & Song w/ Dave Leach 10:30 Fitness Class w/ Barbara 1:15 Patio Pals 3:00 Music & Memories 4:30 Trivia Treasures	    						