

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Fitness Class 10:35 Dates to Celebrate 1:30 BINGO 3:00 Reading w/Laura 6:00 Box Office Hit	2 <i>Outing Day</i> 9:45 Catholic Visits 10:00 Move to the Beat 11:00 Outing: Twenty/20 Bar & Grill 2:00 Music Practice w/Andrea 3:00 Piano w/ Macia 6:30 Parlor Games	3 10:00 Fitness Class 10:45 Bible Study w/ David 1:30 Fresh Air Club 3:00 Holiday Crafting w/ Raquel 6:00 Box Office Hit	4 10:00 Fitness Class 10:35 Brain Teasers 1:30 Family Connections 3:30 Piano w/ Dave B. 4:00 Egg Nog Social	5 <i>Afternoon Concert</i> 10:00 Fitness Class 10:30 Shopping Trip 3:00 Concert w/ Cowboy Jack 4:00 T.G.I.F Social	6 10:00 Fitness Class w/ Jason 10:45 Love on a Leash 1:30 Bingo 3:00 Movie Matinee
7 9:30 Scripture & Song w/ Dave Leach 10:30 Fitness Class 1:30 Sunday Matinees 4:00 Happy Hour	8 10:00 Fitness Class 10:45 Holiday Craft 1:30 BINGO 3:00 Reading w/Laura 6:00 Box Office Hit	9 <i>Special Event</i> 9:45 Catholic Service 10:00 Fitness Class 10:45 Music w/ David 2:00 Employee Appreciation Fun 4:00 Reading w/ Laura 6:15 Annual Holiday Lights Tour	10 <i>Birthday Celebration</i> 10:00 Move to the Beat 10:45 Bible Study w/ Dave Leach 1:30 Dice Game 3:00 Concert w/ Music Station & Birthday Celebration	11 10:00 Fitness Class 10:35 Trivia 2:00 Helen Woodard 2:30 Sound Bowl Therapy w/ Kathleen 4:00 Thirsty Thursday 6:30 Holiday Concert w/ The Chans Family	12 10:00 Indoor Spin 11:00 Shopping Trip 1:30 Table Games 3:00 Concert w/ Clay Colton 4 :00 Happy Hour	13 10:00 Fitness Class w/ Jason 10:30 Travel Video w/ Rick Steves 1:00 Outing: Holiday Concert at Carlsbad High 4:00 Happy Hour
14 9:30 Scripture & Song w/ Dave Leach 10:30 Fitness Class 1:30 Sunday Matinees 4:00 Lighting the Menorah <small>Hanukkah Begins</small>	15 <i>Special Event</i> 10:00 Balance Class 10:45 Holiday Craft 1:30 Table Games 4:00 Hannukah Songs & Latkes 6:00 Box Office Hit	16 10:00 Fitness Class 2:00 Choir Practice w/ Andrea 3:00 Piano w/Marsha 4:00 Reading w/ Laura 4:30 Lighting the Menorah 6:30 Parlor Games	17 10:00 Fitness Class 10:45 Bible Study w/ Dave 2:00 “Silver Singers” Winter Concert 4:00 Lighting the Menorah 7:00 Youth Holiday Caroling	18 10:00 Morning Stretch 10:35 Word Games 1:30 Rummikub 3:30 Piano w/Dave B. 4:00 Lighting the Menorah	19 10:00 Stretch w/ Bands 10:35 Brain Fit w/ Dana 2:00 Catholic Mass w/ Father Anthony 3:00 Concert w/ Adreinne 4:00 Happy Hour 4:30 Lighting the Menorah	20 10:00 Fitness Class w/ Jason 10:45 Love on a Leash 2:00 Movie Matinee 4:00 Happy Hour 4:30 Lighting the
21 9:30 Scripture & Song w/ Dave Leach 10:15 Chair Chi w/ Pat 10:30 Fitness Class 3:00 Concert w/ Danny Gali 4:00 “Poinsettia Social” <small>Winter Begins</small>	22 10:30 Sound Bowl Therapy w/ Kathleen 1:30 BINGO 3:00 Reading w/Laura 4:00 Lighting the Menorah 6:00 Box Office Hit	23 10:00 Fitness Class 10:45 Music Appreciation Lecture w/ David 1:30 Table Games 3:00 Piano w/ Marsha 4:00 Reading w/ Laura 6:30 Table Games	24 <i>Special Event</i> 10:00 Fitness Class 10:45 Bible Study w/ Dave 3:00 Festive Sweater Celebration 4:00 Reading Circle: “The Gift of the Magi”	25 10:00 Stretch w/ Bands 10:45 History of Christmas w/ Hernan 1:30 Santa BINGO 3:00 Holiday Movie: National Lampon’s Vacation <small>Christmas</small>	26 10:00 Post Holiday Workout 10:30 Trivia 1:30 Rummikub 3:00 Concert w/ Gary 4:00 T.G. I.F. Social <small>Boxing Day (Canada) Kwanzaa Begins</small>	27 10:00 Fitness Class w/ Jason 10:30 Travel Video w/ Rick Steves 2:00 Movie Matinee 4:00 Happy Hour
28 9:30 Scripture & Song w/ Dave Leach 10:30 Fitness Class 1:30 Sunday Matinee 4:00 Happy Hour	29 10:00 Fitness Class 10:45 Holiday Cookies Decorating 1:30 BINGO 3:00 Reading w/Laura 6:00 Box Office Hit	30 9:45 Catholic Service 10:00 Fitness Class 2:00 Music Class w/ Andrea 3:00 Reading w/ Laura 4:00 Happy Hour	31 <i>Special Event</i> 10:00 Fitness Class 10:30 Trivia 2:45 NYE Concert & Annual Toast w/ Minnie 7:30 Ringing in the New Year Soirée <small>New Year’s Eve</small>	<div> <div>December</div> <div>2025</div> <div>GlenBrook Assisted Living</div> </div> 		