

december
2025

GLENBROOK FRIENDS & FAMILY NEWSLETTER

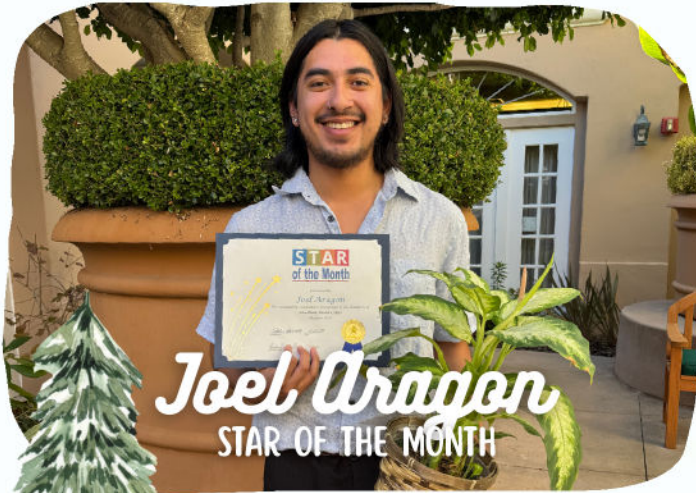
12/8 BODHI DAY
12/25 CHRISTMAS
12/25-1/2 HANUKKAH
12/26-1/1 KWANZAA
12/31 OMISOKA



allSTARS

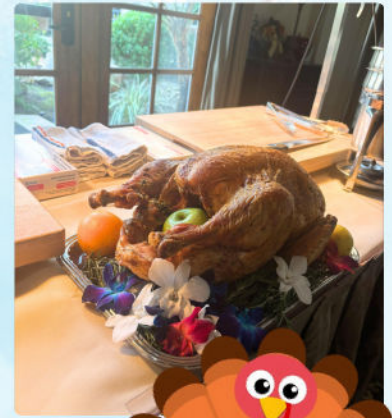


Yessenia Rodriguez
STAR OF THE QUARTER



Joel Aragon
STAR OF THE MONTH

THANKFUL FOR FAMILY & FRIENDS



Thanksgiving celebrations were hosted throughout GlenBrook. With plenty of food, friends, family & festivities, everyone left with full hearts & full bellies.



EMPLOYEE APPRECIATION FUND

**OVER \$1.2
million**

A million THANK YOUs to our residents, their families & friends for contributing to our annual Employee Appreciation Fund. GlenBrook & La Costa Glen are “no tip” environments, so this month-long event allows residents to generously show appreciation to the front-line staff for a year of dedicated service. Last year’s record was \$1.1 million, so the residents were enthusiastic to give above & beyond this year! This generosity will provide a bonus to our staff at the perfect time as the holidays are quickly upon us. Thank you doesn’t cover our gratitude. It is our privilege to serve & be a part of your lives.

THANK YOU!

RECOGNIZING EXCELLENCE

Holly Nguyen
Lead Med Tech

2025 OUTSTANDING CAREGIVER AWARD



Earlier in November, the CALA (California Assisted Living Association) conference acknowledged & honored two incredible GlenBrook employees.

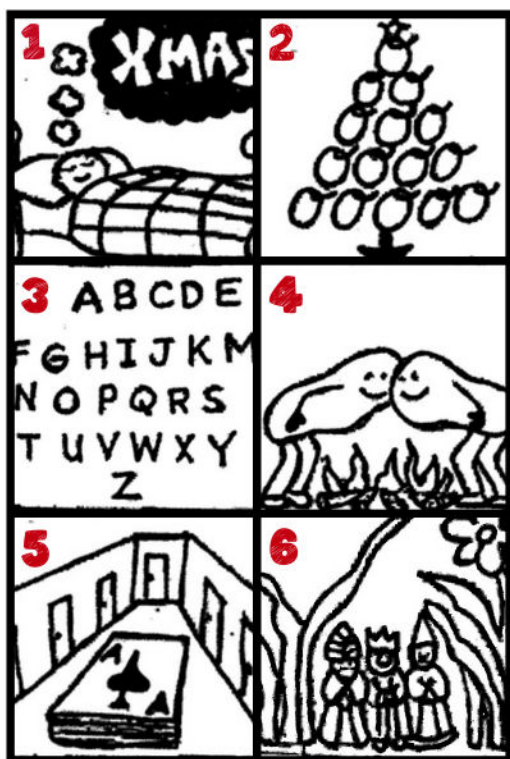
Holly Nguyen, Lead Medication Technician at Glenbrook Assisted Living, was presented the Outstanding Caregiver Award. For more than 12 years, Nguyen has been a guiding presence at Glenbrook, known for steady devotion to residents and colleagues. Her resilience shows up in everyday service and in crises alike. Nguyen is equally known for thoughtful acts that protect dignity and spark joy. She once organized a search for a resident's missing hearing-aid piece and she regularly personalizes moments for residents, from mending a favorite blouse to arranging small cultural celebrations. Colleagues seek her fair, honest feedback; her example has helped strengthen Glenbrook's hospitality-focused culture, where people feel truly seen. "Holly turns care into connection – showing residents they are seen, and showing teammates how simple, consistent acts can transform a community," said CALA President & CEO Heather Harrison.

Sadie Harness, Administrator at GlenBrook Health Center, has been honored as a full scholarship recipient from the USC Staff Assembly through its CALA (Community, Arts, and Leadership) program. This scholarship recognizes her academic excellence, leadership, and community service, allowing her to attend the University of Southern California for her Master's degree for free.

Continuing Life, allSTARS Community Newsfeed 2025/11/14

SOLVE THE PICTOGRAM

Can you guess what Christmas carol each of the below pictures represents?



Christmas Carol Answers: 1. Dreaming of a White Christmas 2. Oh, Christmas Tree 3. Noel 4. Chestnuts Roasting Over an Open Fire 5. Deck the Halls 6. We Three Kings