

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2026

**GlenBrook Skilled Nursing**

|                                                                                                                                                                                                       |                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                    |                                                                                                                                                                                                                       |                                                                                                                                                                                                                     |                                                                                                                                                                                                  |
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|                                                                                                                                                                                                       |                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                    | <b>8:00 Tournament of Roses Parade</b><br><b>10:30 Post Holiday Workout</b><br><b>1:30 BINGO</b><br><b>3:30 Movie Matinee</b><br><i>Happy New Year!</i><br><small>New Year's Day</small>                              | <b>9:30 Fitness Class</b><br><b>10:15 Daily Chronicle</b><br><b>10:35 IN2L</b><br><b>2:00 LCG Glenaires Holiday Concert</b><br><b>3:30 Happy Hour</b><br><b>4:00 Concert w/ Cowboy Jack</b>                         | <b>9:30 Fitness Class</b><br><b>10:00 Love on a Leash (Pet Visits)</b><br><b>10:30 IN2L Explore</b><br><b>1:30 Table Games</b><br><b>3:30 Movie Matinee &amp; Rootbeer Floats</b>                |
| <b>9:30 Scripture &amp; Song w/ Dave Leach (AL)</b><br><b>10:30 Fitness Class</b><br><b>11:00 Sing A Long</b><br><b>1:15 Chargers Vs. Broncos</b><br><b>4:45 January Trivia</b>                       | <b>9:30 Fitness Class</b><br><b>10:15 Daily Chronicle</b><br><b>1:30 Winter Crafting</b><br><b>3:00 Table Games</b><br><b>4:30 Monday Margaritas &amp; Big Screen Karaoke</b>                                                          | <b>9:30 Fitness Class</b><br><b>10:15 Daily Chronicle</b><br><b>10:30 IN2L Explore</b><br><b>2:00 Choir w/ Beatrice (Assisted Living)</b><br><b>3:30 Bake O' Batch</b><br><b>4:45 Trivia Treasures</b><br><b>6:15 Parlor Games</b> | <b>9:30 Stretch to the Beat</b><br><b>10:15 Daily Chronicle</b><br><b>10:45 IN2L Explore</b><br><b>2:00 Watercolor Creating</b><br><b>3:30 Afternoon Tea Social</b><br><b>4:45 Travel Video w/ Rick Steves</b>                     | <b>9:30 Exercise w/ Weights</b><br><b>10:15 IN2L Explore</b><br><b>10:45 Dice Game</b><br><b>1:30 Patio Pals</b><br><b>2:45 Helen Woodard (Pet Visits)</b><br><b>3:30 Thirsty Thursday</b><br><b>4:15 Table Games</b> | <b>9:30 Fitness Class</b><br><b>10:15 Daily Chronicle</b><br><b>10:35 IN2L Explore</b><br><b>1:30 Patio Pals</b><br><b>2:15 Creative Corner</b><br><b>3:30 Happy Hour</b><br><b>4:15 Concert: Clay Colton</b>       | <b>9:30 Fitness Class</b><br><b>10:15 IN2L Trivia</b><br><b>10:35 IN2L Explore</b><br><b>1:30 Table Games</b><br><b>3:30 Movie Matinee &amp; Rootbeer Floats</b>                                 |
| <b>9:30 Scripture &amp; Song w/ Dave Leach (AL)</b><br><b>10:30 Fitness Class</b><br><b>1:15 In the Sunshine</b><br><b>2:00 Table Games</b><br><b>3:30 Hot Cocoa Social &amp; Movie Matinee</b>       | <b>9:30 Fitness Class</b><br><b>10:15 Daily Chronicle</b><br><b>10:45 IN2L Explore</b><br><b>1:30 Pet Visits w/ Elkie</b><br><b>2:15 Bingo</b><br><b>3:30 Monday Margaritas</b><br><b>4:15 Big Screen Karaoke</b>                      | <b>9:30 Fitness Class</b><br><b>9:45 Catholic Communion</b><br><b>10:30 Village Church</b><br><b>2:00 Choir w/ Beatrice (Assisted Living)</b><br><b>3:30 Bake O' Batch</b><br><b>6:15 Parlor Games</b>                             | <b>Birthday Social</b><br><b>9:30 Stretch to the Beat</b><br><b>10:15 Daily Chronicle</b><br><b>10:35 IN2L Explore</b><br><b>1:30 Creative Crafting</b><br><b>3:30 Birthday Social</b><br><b>4:15 Concert w/ the Music Station</b> | <b>9:30 Exercise w/ Weights</b><br><b>10:30 Sound Therapy Class w/ Crystal Bowls</b><br><b>1:30 Table Games</b><br><b>3:30 Winter Tea Social</b><br><b>5:00 End of Day Trivia</b>                                     | <b>9:30 Fitness Class</b><br><b>10:30 Coastal Excursion</b><br><b>1:15 Patio Pals</b><br><b>2:00 Table Games</b><br><b>3:30 Happy Hour</b><br><b>4:15 Concert w/ Adrienne Nimms</b>                                 | <b>Afternoon Concert</b><br><b>9:30 Fitness Class</b><br><b>10:00 Love on a Leash (Pet Visits)</b><br><b>10:30 IN2L Explore</b><br><b>2:00 Table Games</b><br><b>4:15 Concert w/ Double Take</b> |
| <b>Afternoon Concert</b><br><b>9:30 Scripture &amp; Song w/ Dave Leach</b><br><b>10:30 Fitness Class</b><br><b>1:15 In the Sunshine</b><br><b>2:00 Table Games</b><br><b>4:15 Concert w/ Danny</b>    | <b>9:30 Fitness Class</b><br><b>10:15 Daily Chronicle</b><br><b>10:45 IN2L Explore</b><br><b>1:30 Pet Visits w/ Elkie</b><br><b>3:30 History w/ Gary</b><br><small>Martin Luther King Jr. Day</small>                                  | <b>9:30 Fitness Class</b><br><b>9:45 Catholic Visits</b><br><b>10:15 Daily Chronicle</b><br><b>10:30 IN2L Explore</b><br><b>2:00 Choir w/ Beatrice (Assisted Living)</b><br><b>3:30 Bake O' Batch</b><br><b>6:15 Parlor Games</b>  | <b>Special Event</b><br><b>9:30 Stretch to the Beat</b><br><b>10:15 Daily Chronicle</b><br><b>10:35 IN2L Explore</b><br><b>1:15 In the Sunshine</b><br><b>3:30 All Shook Up Social</b><br><b>4:15 Elvis is in the House!</b>       | <b>9:30 Exercise w/ Weights</b><br><b>10:15 Seasonal Trivia</b><br><b>10:45 LCR – Dice Game</b><br><b>2:00 History &amp; Travel w/ Hernan</b><br><b>3:15 Resident Council</b><br><b>4:15 Piano w/ Lorena</b>          | <b>9:30 Fitness Class</b><br><b>10:15 Daily Chronicle</b><br><b>10:30 IN2L Explore</b><br><b>1:30 Patio Pals</b><br><b>2:15 Creative Corner</b><br><b>3:30 Happy Hour</b><br><b>4:15 Concert w/ Gary</b>            | <b>9:30 Fitness Class</b><br><b>10:15 IN2L Trivia</b><br><b>10:35 IN2L Explore</b><br><b>1:30 Table Games</b><br><b>3:30 Movie Matinee &amp; Rootbeer Floats</b>                                 |
| <b>9:30 Scripture &amp; Song w/ Dave Leach (AL)</b><br><b>10:30 Fitness Class</b><br><b>11:00 Sing A Long</b><br><b>1:15 In the Sunshine</b><br><b>2:00 Table Games</b><br><b>3:30 Musial Moments</b> | <b>9:30 Fitness Class</b><br><b>10:15 Daily Chronicle</b><br><b>10:45 IN2L Explore</b><br><b>1:30 Pet Visits w Elkie</b><br><b>3:30 Monday Margaritas</b><br><b>4:15 Big Screen Karaoke</b><br><small>Australia Day (Observed)</small> | <b>9:30 Fitness Class</b><br><b>9:45 Catholic Visits</b><br><b>10:15 Daily Chronicle</b><br><b>10:30 IN2L Explore</b><br><b>2:00 Choir w/ Beatrice (Assisted Living)</b><br><b>3:30 Bake O' Batch</b><br><b>6:15 Parlor Games</b>  | <b>9:30 Stretch to the Beat</b><br><b>10:00 Art for All Ages</b><br><b>10:35 IN2L Explore</b><br><b>1:30 Watercolor Creating</b><br><b>3:30 McConnell's Ice Cream Tasting</b><br><b>4:15 Singfit FUN</b>                           | <b>9:30 Exercise w/ Weights</b><br><b>10:15 IN2L Explore</b><br><b>10:45 Dice Game</b><br><b>1:30 In the Sunshine</b><br><b>2:00 Garden Club</b><br><b>3:30 Thirsty Thursday</b><br><b>4:15 Singfit DUN</b>           | <b>9:30 Fitness Class</b><br><b>10:15 Daily Chronicle</b><br><b>10:30 IN2L Explore</b><br><b>1:30 Patio Pals</b><br><b>2:15 Creative Corner</b><br><b>3:30 Happy Hour</b><br><b>4:15 Concert w/ Suzanne – New !</b> | <b>9:30 Fitness Class</b><br><b>10:15 IN2L Trivia</b><br><b>10:35 IN2L Explore</b><br><b>1:30 Table Games</b><br><b>3:30 Movie Matinee &amp; Rootbeer Floats</b>                                 |

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