



February 2026

GLENBROOK FRIENDS & FAMILY NEWSLETER

all **STARS**

DECEMBER



BERNABE DAVID

2025 ALLSTAR OF THE YEAR



YESENIA JESSE RODRIGUEZ

Every month a staff member at GlenBrook is awarded AllSTAR of the month. Among those winners, an AllSTAR of the quarter is chosen. Then once a year, from the quarter winners, staff votes for AllSTAR of the year. This grand recipient is awarded a well-deserved \$5000-valued dream trip of their choosing! Yesenia from our AL staff was announced as our AllSTAR of 2025 - Congrats!



ALLSTAR STAFF APPRECIATION

Great Place To Work®

Certified

APR 2025-APR 2026 USA



Part of the AllSTAR event is a wild & exciting Staff Appreciation event. This year was a Cowboy Western theme. The staff was treated to BBQ & all the desserts were donated by our service providers. We also competed in fun games to earn unique and fabulous prizes. All in all, the day was filled with fun, food and lots of celebrating for GB staff.





GARDEN CLUB

Once a month, our Residents get their hands dirty & make beautiful garden favors to bring the outside in. Every potted plant represents a lovely time on the patio, soaking up the sun with friends & creating the perfect greenery to brighten our facility.



HUNKA' HUNKA'
BURNIN'

Love



Elvis visited our residents for an exhilarating performance of many of his classics. Residents tapped their toes & sang along to this delightful entertainment.

OVER THE
MOON
FOR YOU!

FULL MOONS OF 2026

January 3, 2026 - Wolf Moon

February 1, 2026 - Snow Moon

March 2, 2026 - Worm Moon

April 1, 2026 - Pink Moon

May 1, 2026 - Flower Moon

May 30, 2026 - Strawberry Moon

This is also a Super Moon & Blue Moon!

June 29, 2026 - Buck Moon

July 28, 2026 - Sturgeon Moon

August 27, 2026 - Corn Moon

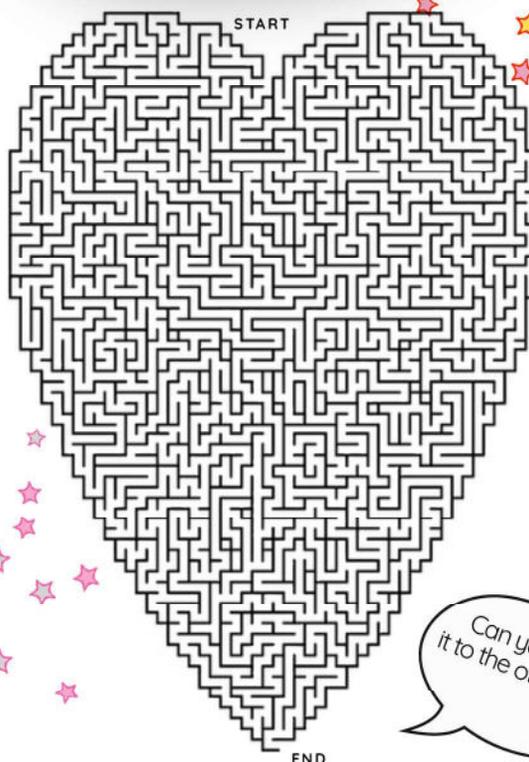
September 25, 2026 - Harvest Moon

October 25, 2026 - Hunter's Moon

November 24, 2026 - Beaver Moon

December 24, 2026 - Cold Moon

YOU
AMAZED
ME, VALENTINE!



VOLUNTEER HIGHLIGHT *Elkie the Therapy Dog*

Meet Elkie! Through Canine Companions, Elkie visits our Residents on Tuesdays to bring some furry cheer to our halls. Elkie is one of many therapy dogs that visit GlenBrook. Did you know she doesn't just bring joy, but many additional health benefits such as reduced stress, anxiety & blood pressure, plus increased comfort and social interaction.