



April

# GLENBROOK FRIENDS & FAMILY NEWSLETTER

## St. Patty's at GlenBrook



All our Residents were glad to be entertained and ready to celebrate the luck of the Irish with sparkling festivities! Dancers



from Rinche Clan came to share an authentic Irish jig with both Skilled Nursing & Assisted Living. In the evening, Residents dressed up for a St. Patrick's Day Soiree featuring green, gold & a good time!

## February *all* STAR



MARTHA ROCA

Part of what makes GlenBrook a "Great Place To Work" is the incentive to be an AllSTAR employee! Every month, staff is encouraged to nominate & recognize one AllSTAR among us who has exemplified teamwork & excellent service to our Residents. Congrats Martha!!

## Annual Stewardess Luncheon

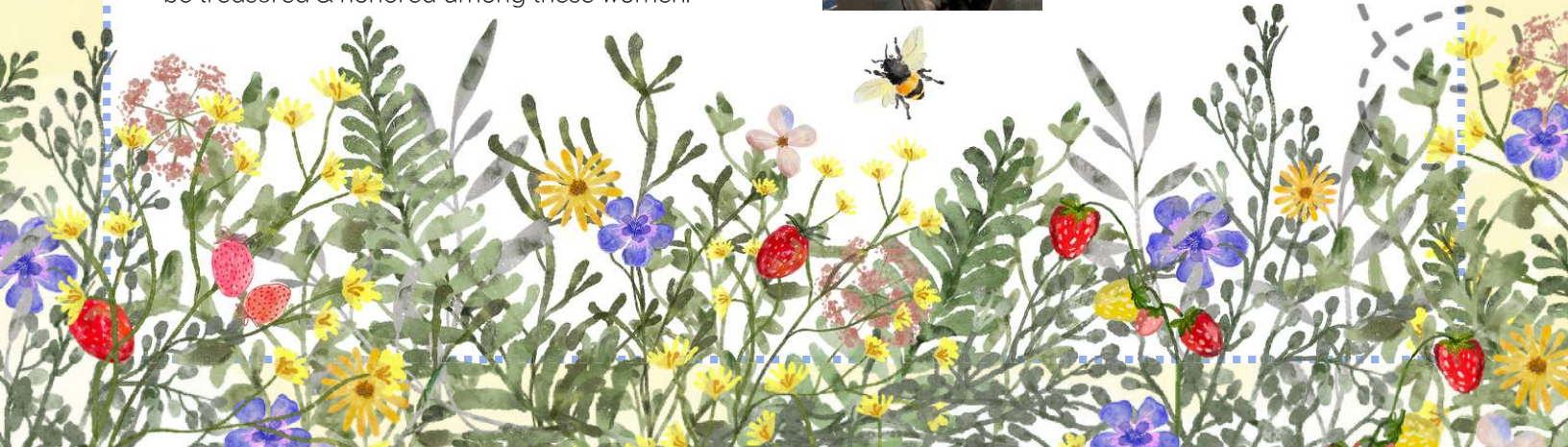


Last month, GlenBrook proudly hosted a luncheon to honor our Residents who shined in the airline stewardess profession. These women were once glamorous hostesses in the sky back when airlines imposed strict marriage, age, and weight restrictions. The Stewardess Luncheon was a beautiful exchange of adventures, travels & seasons that will continue to be treasured & honored among these women.

## Dinner & A Movie: *My Fair Lady*



Our Life Enrichment team put together a magical night with an exquisite dinner, decor & the award-winning musical "My Fair Lady". Residents wore their finest threads, donned some fancy hats & could've danced all night - it was lovely!



# Woodstock

## The LCG Players' Annual Production



After months of screen writing, casting, choreography, rehearsals, costumes & sets, our very own La Costa Glen Players wowed & entertained audiences with their grooviest take on an alternative to the iconic 70's Woodstock... Traveling back 5 decades, this comical gang dreamed up a solution to having a broken van & a dream to celebrate music and peace together. Along with lots of laughter, the audience was treated to far-out music & outta sight dancing.

The grand finale gave Residents one last treat. Our Executive Director, Kristen Kearnaghan starred as the musical act at the Woodstock festival. It was far out!



### FAMOUS April Birthdays

**Debbie Reynolds**  
april 1, 1932

**Hans Christian Anderson**  
april 2, 1805

**Marvin Gaye**  
april 2, 1939

**Doris Day**  
april 3, 1922

**Marlon Brando**  
april 3, 1924

**Billie Holiday**  
april 7, 1915

**William Shakespeare**  
april 23, 1564

**Jack Nicholson**  
april 22, 1937

### Brain Game

Brain exercise is highly important for everyone & especially beneficial for our senior Residents. Using the letters from the word below, see how many other words you can make. There are 41 possibilities of words with 3 or more letters. If you get 35 or more, come show the front desk & get a prize!

## SPRING

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