

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

GlenBrook Assisted Living



10:00 Fitness Class
 10:30 Crafts : Hat Decorating
 1:30 Afternoon Stretch
 3:00 Concert w/ Cowboy Jack
 4:00 Happy Hour
 5:45 Movie Night

May Day

Special Event
 10:00 Fitness Class
 10:45 Love on a Leash
 2:00 Student Piano Recital
 3:30 Kentucky Race Viewing
 Pop Up Social

3
 9:30 Scripture & Song w/ Dave Leach
 10:30 Fitness w/ Jason
 1:30 Movie Matinee
 4:00 Sunday Sangrias

4
 10:00 Balance Class
 10:45 Morning Manicures
 3:00 Crafting
 5:45 Movie Night: *Denial*

5
Special Event
 9:45 Catholic Communion
 10:00 Fitness Class
 2:00 Choir Practice w/ E.Y.
 3:30 Cinco De Mayo Social
 6:15 GlenBrook Fiesta (Ballet Folklore!)
Cinco de Mayo

6
 10:00 Move to the Beat
 10:45 Fresh Air Club
 1:30 History Video
 2:00 Walking Club
 3:30 Rummikub

7
 10:00 Balance & Stretch
 10:45 Minute to Win It
 2:00 Table Side Magic Presentation (Volunteer Outreach)
 3:30 Piano w/ Dave Berrier
 4:00 Thirsty Thursday Social

8
 10:30 5th Grade Class Visit
 1:30 Afternoon Stretch
 3:00 Concert w/ Clay & Gary
 4:00 Happy Hour

9
 10:00 Fitness Class
 10:45 Fresh Air Club
 1:30 Movie Matinee: *Irish Wish*
 4:00 Saturday Social

10
 9:30 Scripture & Song w/ Dave Leach
 10:30 Fitness w/ Jason
 12:00 Mothers' Day Buffet
 1:30 Movie Matinee: "Mothers' Day"
 4:00 Mom & Mimosas
Mother's Day National Skilled Nursing Care Week

11
 10:00 Balance Class
 10:45 Flower Arranging
 3:00 Monday Margaritas
 3:30 SINGFIT
 4:00 Family Connections
 5:45 Movie Night: *Mrs. Doubtfire*

12
Special Event
 9:45 Catholic Communion
 10:00 Fitness Class
 10:45 Seasonal Craft
 2:00 Choir Practice w/ E.Y. & Special Guests!
 3:30 Ice Cream Social
 6:15 Concert w/ Christian

13
Birthday Celebration
 10:00 Move to the Beat
 10:45 Fresh Air Club
 3:00 Concert w/ Music Station
 4:00 Birthday Celebration

14
 10:00 Balance & Stretch
 10:45 Bean Bag Toss
 1:30 Shopping Trip
 2:00 Helen Woodard (Pet Visits)
 2:30 Crystal Sound Bowls
 3:30 Piano w/ Dave Berrier
 4:00 Thirsty Thursday Social

15
Afternoon Concert
 10:00 Fitness Class
 10:35 Jeopardy
 1:30 Sequence
 3:00 Concert w/ Adreinne Nimms
 4:00 Happy Hour

16
 10:00 Fitness Class
 10:45 Pet Therapy
 1:30 Movie Matinee: *My Big Fat Wedding 2*
 4:00 Patriotic Social & Sing a Long
Armed Forces Day

17
 9:30 Scripture & Song w/ Dave Leach
 10:30 Fitness w/ Jason
 3:00 Concert w/ Danny G.
 4:00 Sunday Sangrias

18
Town Hall
 10:00 Balance Class
 10:45 Morning Manicures
 1:30 History w/ Gary
 3:00 Town Hall Meeting
 4:00 Monday Margaritas
 5:45 Movie Night: *Aloha*
Victoria Day (Canada)

19
Outing
 10:00 Fitness Class
 10:45 Music Appreciation w/ David
 2:00 Choir Practice w/ E.Y.
 2:00 Outing: Trader Joes
 6:15 Blackjack Night

20
 10:00 Move to the Beat
 10:45 Fresh Air Club
 1:30 History Video
 2:00 Walking Club
 3:30 Rummikub

21
 10:00 Balance & Stretch
 10:45 Golf on the Patio
 2:00 Catholic Mass w/ Father Anthony
 3:30 Piano w/ Dave Berrier
 4:00 Reflection on Shavuot
Shavuot Begins

22
Special Event
 10:00 Fitness Class
 10:35 Jeopardy
 1:30 LCG Glenaires Performance
 3:00 Concert w/ Clay & Gary
 4:00 Happy Hour

23
 10:00 Fitness Class
 10:45 In the Headlines
 1:30 Movie Matinee: *Smoky and the Bandit*
 4:00 Happy Hour

24
 9:30 Scripture & Song w/ Dave Leach
 10:30 Fitness w/ Jason
 1:30 Movie Matinee: *Persuasion*
 4:00 Sunday Sangrias

25
 10:00 Balance Class
 10:30 Piano w/ Yeoh
 3:30 Red, White & Blue Social
 5:45 Movie Night: *NONNAS*
Memorial Day

26
Dinner Outing
 9:45 Catholic Communion
 10:00 Fitness Class
 10:45 Music Appreciation w/ David Lewis
 2:00 Choir Practice w/ E.Y.
 4:00 Dinner Outing: *Sorrento's*

27
 10:00 Move to the Beat
 10:45 Fresh Air Club
 1:30 History Video
 2:00 Walking Club
 3:30 Rummikub

28
Special Outing
 10:00 Balance & Stretch
 10:30 Fresh Air Club
 10:45 Travel & History w/ Hernan
 2:30 Crystal Sound Bowls
 4:00 Thirsty Thursday Social

29
Afternoon Concert
 10:00 Fitness Class
 10:35 Sequence
 3:00 Concert w/ Rosemarie Kubes
 4:00 Happy Hour

30
Afternoon Concert
 10:00 Fitness Class
 10:45 Fresh Air Club
 3:00 Concert w/ Double Take
 4:00 Happy Hour

31
 9:30 Scripture & Song w/ Dave Leach
 10:30 Fitness w/ Jason
 3:00 Music & Memories w/ Ron Hoffman
 4:00 Sunday Sangrias

