

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026

## GlenBrook Gardens



<p>9:30 Scripture &amp; Song 10:30 Fitness Class 11:00 Sunday Paper 1:30 Patio Pals 2:30 Table Games 4:00 Read &amp; Reminisce</p> <p style="text-align: right;"><b>3</b></p>	<p>9:30 Fitness Class 10:15 Word Games <b>10:45 Music w/ Lori &amp; Meg</b> 1:30 In the Sunshine 2:30 Pet Visits w/ Elkie 3:00 Big Screen Karaoke 4:15 Read &amp; Reminisce</p> <p style="text-align: right;"><b>4</b></p>	<p><b>Special Event</b> 9:45 Catholic Communion 10:30 Stretch &amp; Flex 11:15 Word Games <b>2:00 Choir Practice w/ E.Y.</b> 3:30 Amigo BINGO <b>6:15 GlenBrook's Fiesta "Ballet Folklore"</b> <small>Cinco de Mayo</small></p> <p style="text-align: right;"><b>5</b></p>	<p>9:30 Dancercise 10:15 Spelling Bee Challenge 11:00 Singfit w/ Amberdee 1:30 In the Sunshine 3:00 Crafts Circle 4:00 Cool Down Stretch &amp; Aromatherapy</p> <p style="text-align: right;"><b>6</b></p>	<p><b>Special Event</b> 9:30 Move &amp; Groove 10:00 Scenic Drive 1:30 Program Prep <b>3:00 Mothers' Day Tea Celebration</b> 4:30 Aromatherapy &amp; Sensory Enrichment</p> <p style="text-align: right;"><b>7</b></p>	<p><i>Afternoon Concert</i> 9:30 Stretch to the Beat 10:15 Hat Decorating 1:30 Sensory Enrichment 2:45 Walkabout <b>3:00 Concert w/ Cowboy J.</b> 4:00 Happy Hour</p> <p style="text-align: center;"><small>May Day</small></p> <p style="text-align: right;"><b>1</b></p>	<p><b>Special Event</b> 9:30 Fitness Class 10:15 Dates to Celebrate 10:30 Love on a Leash 1:30 In the Sunshine <b>2:00 Student Piano Recital</b> <b>3:30 Annual Kentucky Derby Pop Up Social</b></p> <p style="text-align: right;"><b>2</b></p>
<p>9:30 Scripture &amp; Song 10:30 Fitness Class <b>12:00 Mothers' Day Buffet</b> 1:30 Patio Pals 3:00 "Momosa" Social 4:00 "Mother May I" Trivia <small>Mother's Day National Skilled Nursing Care Week</small></p> <p style="text-align: right;"><b>10</b></p>	<p>9:30 Fitness Class 10:15 Word Games <b>10:45 Music w/ Lori &amp; Meg</b> 1:30 In the Sunshine 2:30 Pet Visits w/ Elkie 3:00 Music Circle w/ Lorena &amp; Barbara 4:00 Family Connections (AL)</p> <p style="text-align: right;"><b>11</b></p>	<p><b>Evening Concert</b> 9:45 Catholic Communion 10:30 Stretch &amp; Flex 11:15 Word Games <b>2:00 Choir Practice w/ E.Y.</b> 3:30 Rootbeer Floats Social 4:15 Balloon Volley <b>6:15 Concert w/ Christian</b></p> <p style="text-align: right;"><b>12</b></p>	<p>9:30 Dancercise 10:15 E-Z Does It Trivia 11:00 Singfit w/ Amberdee 1:30 In the Sunshine 2:45 Walkabout <b>3:00 Concert: Music Station</b> 4:00 Birthday Social</p> <p style="text-align: right;"><b>13</b></p>	<p>10:00 Coastal Excursion 1:30 Move &amp; Groove <b>2:30 Helen Woodard Visits</b> <b>3:30 Piano w/ Dave B.</b> 4:00 Thirsty Thursday Social</p> <p style="text-align: right;"><b>14</b></p>	<p><i>Afternoon Concert</i> 9:30 Stretch to the Beat 10:15 Gardening 1:30 Sensory Enrichment 2:45 Walkabout <b>3:00 Concert w/ Adrienne N.</b> 4:00 Happy Hour</p> <p style="text-align: right;"><b>15</b></p>	<p>9:30 Fitness Class 10:15 Spring Word Games 10:30 Love on a Leash 1:30 In the Sunshine <b>3:30 Red, Blue &amp; White Social</b> 4:00 Patriotic Sing a Long <small>Armed Forces Day</small></p> <p style="text-align: right;"><b>16</b></p>
<p><b>Afternoon Concert</b> 9:30 Scripture &amp; Song 10:30 Fitness Class 11:00 Sunday Paper 1:30 Patio Pals 2:45 Walkabout <b>3:00 Concert w/ Danny G.</b> 4:00 Mocktails &amp; More</p> <p style="text-align: right;"><b>17</b></p>	<p>9:30 Fitness Class 10:15 Word Games <b>10:45 Music w/ Lori &amp; Meg</b> 1:30 History w/ Gary 2:30 Pet Visits w/ Elkie 3:30 Music Circle w/ Lorena &amp; Barbara 4:15 Trivia <small>Victoria Day (Canada)</small></p> <p style="text-align: right;"><b>18</b></p>	<p>9:30 Catholic Communion 10:30 Stretch &amp; Flex 11:15 Word Games <b>2:00 Choir Practice w/ E.Y.</b> 3:30 Rootbeer Floats Social 4:15 Balloon Volley</p> <p style="text-align: right;"><b>19</b></p>	<p>9:30 Dancercise 10:15 Spelling Bee Challenge 11:00 Singfit w/ Amberdee 1:30 In the Sunshine 3:00 Crafts Circle 4:00 Cool Down Stretch &amp; Aromatherapy</p> <p style="text-align: right;"><b>20</b></p>	<p>9:30 Fitness Class <b>2:00 Catholic Mass w/ Fr. Anthony</b> 2:30 Walking Club <b>3:30 Piano w/ Dave B.</b> 4:00 Thirsty Thursday Social <small>Shavuot Begins</small></p> <p style="text-align: right;"><b>21</b></p>	<p><b>Special Event</b> 9:30 Stretch to the Beat 10:15 Crafting <b>1:30 LCG Glenaires Performance (AL)</b> 2:30 Trivia 3:00 Concert w/ Gary &amp; Paul</p> <p style="text-align: right;"><b>22</b></p>	<p>9:30 Fitness Class 10:15 Creative Crafts 10:30 Love on a Leash 1:30 In the Sunshine 2:30 Beautiful Nail Spa 4:00 Read &amp; Reminisce</p> <p style="text-align: right;"><b>23</b></p>
<p>9:30 Scripture &amp; Song 10:30 Fitness Class 11:00 Sunday Paper 1:30 Patio Pals 2:30 Table Games 4:00 Walking Club</p> <p style="text-align: right;"><b>24</b></p>	<p>9:30 Fitness Class 10:15 Memorial Day Trivia <b>10:45 Music w/ Lori &amp; Meg</b> 1:30 In the Sunshine 2:30 Pet Visits w/ Elkie <b>3:30 Red White &amp; Blue Social</b> 4:00 Patriotic Sing a Long <small>Memorial Day</small></p> <p style="text-align: right;"><b>25</b></p>	<p>9:45 Catholic Communion 10:30 Stretch &amp; Flex 11:15 Word Games <b>2:00 Choir Practice w/ E.Y.</b> 3:30 Rootbeer Floats Social 4:15 Balloon Volley</p> <p style="text-align: right;"><b>26</b></p>	<p>9:30 Dancercise 10:15 Spelling Bee Challenge 11:00 Singfit w/ Amberdee 1:30 In the Sunshine 2:30 Crafts Circle 4:00 Cool Down Stretch &amp; Aromatherapy</p> <p style="text-align: right;"><b>27</b></p>	<p>9:30 Move &amp; Groove <b>10:00 Scenic Drive</b> 1:30 Color Me Calm 2:30 Seasonal Trivia <b>3:30 Piano w/ Dave B.</b> 4:00 Thirsty Thursday Social</p> <p style="text-align: right;"><b>28</b></p>	<p><b>Afternoon Concert</b> 9:30 Stretch to the Beat 10:15 Gardening 1:30 Sensory Enrichment 2:45 Walkabout <b>3:00 Concert w/ Rosemarie Kubes</b> 4:00 Happy Hour</p> <p style="text-align: right;"><b>29</b></p>	<p>9:30 Fitness Class 10:15 Creative Crafts 10:30 Love on a Leash 1:30 In the Sunshine 2:45 Walkabout <b>3:00 Concert w/ Double Take</b> 4:00 Read &amp; Reminisce</p> <p style="text-align: right;"><b>30</b></p>

**Afternoon Concert**  
9:30 Scripture & Song  
10:30 Fitness Class  
11:00 Sunday Paper  
1:30 Patio Pals  
2:45 Walkabout  
**3:00 Music & Memories w/ Ron Hoffman**

**31**



