

AUGUST

GLENBROOK FRIENDS & FAMILY NEWSLETTER

all **STAR** JUNE
★★★★



Congratulations to June's Star of the Month - Maria Erickson who is our Infection Specialist. Maria works diligently to protect our Residents, families & staff's wellbeing, uphold our quality measures and help prevent potential health threats at our facility. She always does so with a smile & maximum effort!

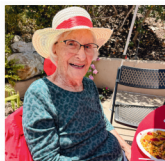
all **STAR** OF THE
★★★★ QUARTER



Four times a year, a special AllSTAR of the Quarter is chosen from among the Stars of the Month. They earn 100,000 AllSTAR points, a specially labeled parking space for 3 months, plus a chance to win AllSTAR of the Year with a \$5000 trip of their choice! Congratulations to Yesenia Dominguez!

4TH OF JULY

Our country celebrated its 250th birthday last month and GlenBrook was happy to host an All-American BBQ for our Residents and their families. The Life Enrichment & Dining Teams collaborated to provide a festive & delicious event. Everyone had a great time!



BIRTHDAYS

John C. 8/3
Richie C. 8/6
Joan Y. 8/6
Joan B. 8/9
Judy L. 8/15
Ethel I. 8/22
Jane K. 8/23
Barbara S. 8/24
Marian A. 8/30
Katherine B. 8/31

Did you know? August is the month with the highest total number of births in the United States.



OUT & ABOUT

Throughout the month, GlenBrook offers many opportunities for Residents to go out & about. In August, one of those trips was to the beautiful Oceanside Harbor. Another trip was to dinner at Black Rail. Our Life Enrichment Team coordinates with our Transportation Team to navigate & accommodate all our Residents who are looking for an adventure & good time with friends.



OCEANSIDE HARBOR and BLACK RAIL

ANIMAL THERAPY WITH HORSES!



We are so lucky to have access to some beautiful horses that came to visit. Residents experienced these majestic creatures in our Gardens & Sun Patios. Did you know that interacting with therapy animals can lower resting heart rate and blood pressure and reduce stress hormone levels?



BOOK NEWS

The GlenBrook library has been reorganized. You don't have to sign books in or out, and there is no return date. There are baskets in every book area for returns and donations. All of the fiction books are organized alphabetically (on the spine of the books), using the first two letters of the author's last name.

You can find books in the actual GlenBrook library on the first floor (near Skilled Dining Room), in the overflow Dining Room in AL & even more on the second floor in the Living Room & Book Nook.

We continue to receive donations from the LCG libraries, which allows us to increase and update our collection. The GlenBrook library also accepts book donations from GlenBrook residents.

Great Place To Work®
Certified